



A picture says a thousand words! We invite you to participate in our "Parks Make Life Better!" photo contest. The City of Westminster is looking for your perfect photo to grace the cover of our Fall 2013 Newsletter and Brochure. The winning entry will capture the spirit of how "Parks Make Life Better!" in Westminster. Photos must be taken in Westminster, at one of our parks, facilities or programs; however, you do not need to be a Westminster resident to enter.

TO ENTER

Email Entries

A digital copy of your photo may be submitted by email ("jpg" format) to:

csronline@westminster-ca.gov

Please put PHOTO CONTEST as the subject line on the email.

Other Entries

Mail disk or a high-quality 8.5" x 11" glossy photo print to:

Westminster Community Services & Recreation Department Attn: Photo Contest

8200 Westminster Blvd.

Westminster, CA 92683

Please include your name, age, address, email address and the date and location of the photo on all entries, whether emailed or mailed. Also include any other information that will be of value. Please note, by submitting your photo, you are agreeing to allow the City of Westminster to use your photo to publicize and promote City programs, facilities and activities. All entries become the property of the City of Westminster and no entries will be returned. The City of Westminster reserves the right to disqualify any photo entry if the photo is deemed inappropriate. All entries must be submitted by July 1, 2013. Winner will be announced July 15, 2013.

PRIZES

1st Place

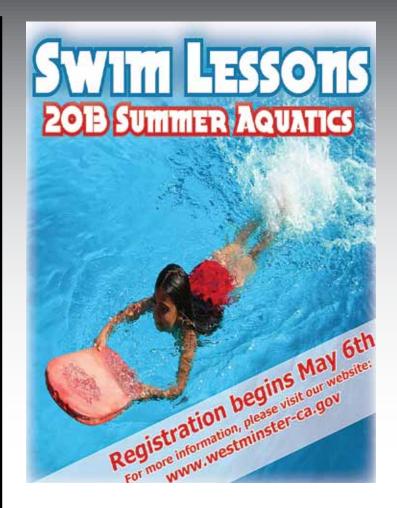
Photo will be featured on the cover of the City of Westminster's Fall 2013 Newsletter and Brochure.

2nd & 3rd Place

Photos will be featured in color inside the publication.

For more information, please call the Community Services and Recreation Department at 714.895.2860 or visit our website at www.westminster-ca.gov.





SAVE THE DATE!

You're invited to celebrate......

2013 MAYOR'S BALL

Saturday, June 8, 2013

Rose Center

Westminster, 92683

Information call Mayor Ta's office at (714) 548-3179

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Scan here to register for alasses

Class Reminders

- 1. Most recreation classes will begin the week of April 8.
 - Please check your starting date carefully.
- 2. Classes may be cancelled if minimum enrollment is not met prior to class starting date. Don't miss

BE SURE TO REGISTER EARLY!

Spring Highlights

March 4

Spring Class Registration Begins Summer Camp Early Registration Begins

April 1 - April 5

Spring Break Club Westminster

April 20

Keep America Beautiful

April 22

Watch out for Summer Brochure

May 6

Summer Class Registration Begins

May 27

Memorial Day - City Offices Closed

June 14

Flag Day

Internet access to **Westminster City Council Meetings**

Check the city's website at www.westminster-ca. gov for information about viewing live and archived City Council meetings. If you have Internet access, you can follow the meeting live with a video stream on your computer. You will also have access to an archive of recent City Council meetings if you are interested in viewing a particular meeting segment along with meeting agendas and minutes.

Quick Reference City Phone Directory

Animal Control(714)548-3201
Building(714)898-3254
City Clerk(714)548-3237
City Hall(714)898-3311
Coastline Community College (Le-Jao Center)(714)241-6184
Code Enforcement(714)548-3246
Community Services & Recreation(714)895-2860
Corporation Yard(714)895-2876
Court Ordered Community Service(714)953-5597
Department of Motor Vehicles(800)777-0133
Family Resource Center(714)903-1331
Housing/Grants(714)548-3248
Library(714)893-5057
O.C. West Court(657)622-5900
Orange County Fire Authority Station #64(714)379-4920
Orange County Transportation Authority(714)560-6282
Orange County Transportation Authority(714)560-6282 Planning/Community Development(714)548-3247
Planning/Community Development(714)548-3247
Planning/Community Development(714)548-3247 Police Department(714)898-3315
Planning/Community Development
Planning/Community Development
Planning/Community Development (714)548-3247 Police Department (714)898-3315 Police Emergency 9-1-1 Public Works/Engineering (714)548-3243 Senior Center Services (714)895-2878
Planning/Community Development (714)548-3247 Police Department (714)898-3315 Police Emergency 9-1-1 Public Works/Engineering (714)548-3243 Senior Center Services (714)895-2878 Southern California Edison (Electric) (800)655-4555
Planning/Community Development (714)548-3247 Police Department (714)898-3315 Police Emergency 9-1-1 Public Works/Engineering (714)548-3243 Senior Center Services (714)895-2878 Southern California Edison (Electric) (800)655-4555 The Gas Company (Gas) (800)427-2200
Planning/Community Development (714)548-3247 Police Department (714)898-3315 Police Emergency 9-1-1 Public Works/Engineering (714)548-3243 Senior Center Services (714)895-2878 Southern California Edison (Electric) (800)655-4555 The Gas Company (Gas) (800)427-2200 Time Warner Cable (714)903-4000
Planning/Community Development (714)548-3247 Police Department (714)898-3315 Police Emergency 9-1-1 Public Works/Engineering (714)548-3243 Senior Center Services (714)895-2878 Southern California Edison (Electric) (800)655-4555 The Gas Company (Gas) (800)427-2200 Time Warner Cable (714)903-4000 Trash Service (Midway City Sanitary District) (714)893-3553
Planning/Community Development (714)548-3247 Police Department (714)898-3315 Police Emergency 9-1-1 Public Works/Engineering (714)548-3243 Senior Center Services (714)895-2878 Southern California Edison (Electric) (800)655-4555 The Gas Company (Gas) (800)427-2200 Time Warner Cable (714)903-4000 Trash Service (Midway City Sanitary District) (714)893-3553 Westminster Chamber of Commerce (714)898-9648



To watch WTV-3 on the City's website www.westminsterca.gov, click the Cool Click on the homepage, or find WTV-3 in the Community Services tab!



CITY OF WESTMINSTER WESTMINSTER CITY HALL

8200 Westminster Blvd. Monday – Thursday 7:30 a.m.- 5:30 p.m. Friday 7:30 a.m. - 4:30 p.m. Closed alternate Fridays (714) 898-3311

CITY COUNCIL

Meetings are held the 2nd & 4th Wednesdays of the month in the Council Chambers at 7:00 p.m. 8200 Westminster Blvd.

Tri TaMAYOR
(714) 548-3179

Andy Quach MAYOR PRO TEM (714) 548-3182

Diana Lee Carey COUNCIL MEMBER (714) 548-3181

Sergio Contreras COUNCIL MEMBER (714) 548-3180

Margie L. Rice COUNCIL MEMBER (714) 548-3183

Eddie Manfro CITY MANAGER (714) 548-3172



Scan here to Like Us on Facebook!

COMMUNITY SERVICES & RECREATION DEPARTMENT

8200 Westminster Boulevard Monday – Thursday • 7:30 a.m. – 5:30 p.m. Alternate Fridays • 7:30 a.m. – 4:30 p.m.

RECREATION PROGRAMS

FACILITY RENTALS

(714) 895-2860
SENIOR CENTER
(714) 895-2878
DAMAGE TO PARKS/GRAFFITI HOTLINE
(714) 895-2876

& RECREATION COMMISSION

Tyler Diep Owen Eames Leo Lopez Gia Ly Ethan Nguyen

COMMUNITY SERVICES & RECREATION DEPARTMENT STAFF

Community Services Director
Diana Dobbert

Senior Services Supervisor
Claire Hutchinson

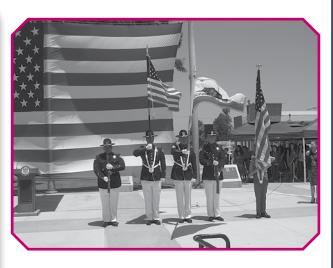
Community Services Supervisor
Vanessa Johnson

Family Resource Center Supervisor Susanna Herrera

Community Services Coordinators:

Stacy Yoshida – Sports Pam Gremling – Special Events

The City of Westminster does not discriminate on the basis of race, color, national origin, sex, religion, age, or handicapped status in employment or the provision of services.



FLAG DAY CEREMONY

Our annual Flag Day Celebration is held in the Civic Center located at 8200 Westminster Blvd. The event includes patriotic music and remarks. Refreshments are provided and families are encouraged to bring their children to this meaningful patriotic event. This year's event will be held on Friday, June 14, 2013.



Youth Sports Contacts

American Youth Soccer Organization (AYSO)

Region 5 • (714) 367-4691 • <u>www.ayso5.org</u> Region 143 • (877) 976-6333 • <u>www.ayso143.org</u>

Westminster Little League

(714) 894-1578 • www.westminsterlittleleague.org

District 62 Challenger

(714) 610-8295 • www.eteamz.com/district62challenger/

National Junior Basketball (NJB)

westminsternjb@gmail.com • www.westminsternjb.com

Westminster Midway City Junior All-American Football (714) 299-7619

Southern California Premier Soccer Academy (866) 450-1674 • www.socalpremiersoccer.com

Youth Sports

SOCCER STARS

Kick into a fun time and learn the basic fundamentals of soccer. Learn to dribble, pass, shoot and defend. Program will cover aspects of defensive and offensive play. Participants should dress in comfortable clothes and tennis shoes (no cleats). **No practice 5/27.**

Instructor: Recreation Staff Ages: 8-11 yrs Fee: \$20.00 (Includes T-shirt) Length: 8 wks

#6010.201 Liberty Chica Park M 4/8-6/3 3:30-4:30 p.m.



TEEN SOCCER

Teens will learn the basics of soccer or improve their skills. Fundamentals including ball handling, position play, and team strategies will be emphasized in this program. Participants should dress in comfortable clothes and tennis shoes (no cleats). No practice 5/27.

Instructor: Recreation Staff Ages: 12-14 yrs Fee: \$20.00 (Includes T-shirt) Length: 8 wks

#6010.202 Sigler Park M 4/8-6/3 3:30-4:30 p.m.

TEEN HOOPSTERS

Teens will learn the fundamentals of basketball or improve their skills. Fundamentals such as passing, dribbling, shooting, teamwork, and defense will be included.

Instructor: Recreation Staff Ages: 11-14 yrs Fee: \$20.00 (Includes T-shirt) Length: 8 wks

#6010.203 Liberty Park Tu 4/9-5/28 3:30-4:30 p.m.



PEE-WEE HOOPSTERS

Participants will learn the beginning fundamentals and basic skills of basketball. Coaches will teach techniques that will help improve the children's abilities while having fun learning the sport. Adjustable rims and junior sized basketballs will be used.

Instructor: Recreation Staff Ages: 5-7 yrs
Fee: \$20.00 (Includes T-shirt) Length: 8 wks

#6020.201 Bolsa Chica Park W 4/10-5/29 3:45-4:30 p.m. #6020.202 Liberty Park W 4/10-5/29 3:45-4:30 p.m.

YOUTH HOOPSTERS

This is a non-competitive program designed for recreational play. Coaches will teach the fundamentals of the sport, emphasizing teamwork, passing, dribbling and shooting.

Instructor: Recreation Staff Ages: 8-10 yrs Fee: \$20.00 (Includes T-shirt) Length: 8 wks

#6020.203 Bolsa Chica Park Th 4/11-5/30 3:30-4:30 p.m. #6020.204 Sigler Park Th 4/11-5/30 3:30-4:30 p.m.



TEEN FLAG FOOTBALL

Teens will develop their playing skills, learn the rules of the game, build teamwork, engage in social interaction, build character and make new friends.

Instructor: Recreation Staff Ages: 12-14 yrs
Fee: \$20.00 (Includes T-shirt) Length: 8 wks
#6020.205 Sigler Park F 4/12-5/31 3:30-4:30 p.m.

PEE WEE SOCCER

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Participants should dress in comfortable clothes and tennis shoes (no cleats).

Instructor: Recreation Staff Ages: 5-7 yrs
Fee: \$20.00 (Includes T-shirt) Length: 8 wks
#6020.206 Bolsa Chica Park F 4/12-5/31 3:45-4:30 p.m.
#6020.207 Liberty Park F 4/12-5/31 3:45-4:30 p.m.

MINI SPORTS

Here's a chance for the 3 and 4 year old youngsters to experience a variety of sports in one class. This program introduces children to three very popular sports: basketball, soccer and t-ball. They will play games while learning to dribble, pass, catch and kick. Parent participation is required.

Instructor: Recreation Staff Ages: 3-4 yrs
Fee: \$15.00 (Includes T-shirt) Length: 6 wks
#6020.208 Sigler Park Sa 4/13-5/18 10:00-10:45 a.m.
#6020.209 Sigler Park Sa 4/13-5/18 11:00-11:45 a.m.





CLUB WESTMINSTER SPRING PARKS PROGRAM

Are you looking for something to do after a long, hard day at school? Check out Club Westminster! This recreation program is <u>free</u> for elementary school aged children. As a drop-in program, participants DO NOT sign-in or out and, may come and go freely. After School recreation fun includes arts & crafts, playground games, sports and much more. Park locations will be open Monday through Friday from 2:30 to 5:00 p.m.

Bolsa Chica Park 13660 University St. Park Phone (714) 897-5911 Liberty Park 13900 Monroe St. Park Phone (714) 412-2617 Sigler Park 7200 Plaza St. Park Phone (714) 715-0262

SPECIAL SPRING BREAK SCHEDULE

The After School Parks Program will be extending hours during spring break at Bolsa Chica, Sigler, and Liberty Parks. Park hours will be from 10:00 a.m. to 4:00 p.m. beginning Monday, April 1 through Friday, April 5.



Summer Camps

Get a head start! Register for Summer Camps today!

Cooking Camps

TOP HEALTHY CHEF COOKING CAMP



Sick of the standard hot dogs, and chicken nuggets? Have your kids learn how to steam their own veggies, create wholesome pasta, and snack in a way that will make your doctor happy! Kids are encouraged to try new foods and will hopefully leave with healthier habits. On Friday have a tasting of all your healthy eats for family and friends. (2 guests per student enrolled allowed at final days meal).

Instructor: Edutainment Arts Staff
Fee: \$139
Location: WCSB Room 3/4
#0000.301
M-F
7/22-7/26
Age: 7-12 yrs
Length: 1 wk
Min: 7 Max: 30

TOP JUNIOR CHEF COOKING CAMP

Our goal: to open a restaurant in one week. Campers will learn food handling skills and hygiene and then learn how to make several delicious and fun dishes! Our restaurant is open at the end of the week for family and friends! (2 guests per student enrolled allowed at final days meal).

Instructor: Edutainment Arts Staff Age: 7-12 yrs
Fee: \$139 Length: 1 wk
Location: Fountain Valley Recreation Center Min: 7 Max: 30

#0000.302 M-F 7/15-7/19 9:00 a.m.-12:00 p.m.

TOP DESSERT CHEF COOKING CAMP

Make different desserts, sweets, and other foods your parents don't want you to have too much of. A few healthier items will be offered, but not too many. It's time for sugar and spice! On Friday, have a tasting of all your goodies for family and friends. (2 guests per student enrolled allowed at final days meal).

Science Camps

OOEY GOOEY SCIENCE CAMP



The messy side of science comes alive as we explore slime making, crystal growing, Alka-Seltzer rockets, or exploding diet coke, and more in this downright dirty dig through the gooeyness of life.

Instructor: Edutainment Arts Staff
Age: 7-12 yrs
Fee: \$139
Length: 1 wk
Location: Fountain Valley Recreation Center
Min: 7 Max: 30
#0000.304
M-F
6/24-6/28
9:00 a.m.-12:00 p.m.

SCIENCE MAGIC CAMP



A lot of magic is science. And a lot of science is purely magical! Learn scientific tricks that will have your friends not believing their eyes! Use house hold items to make secret messages, black light paint, and glow sticks, pierce a balloon without popping it, stand on an egg without breaking it, and more! Then wow your parents at the end of the week in a science magic show!

Instructor: Edutainment Arts Staff
Fee: \$139
Location: WCSB Room 3/4
#0000.305
M-F
7/8-7/12
Age: 7-12 yrs
Length: 1 wk
Min: 7 Max: 30
9:00 a.m.-12:00 p.m.

ROCKETS, ILLUSIONS, AND MENTOS CAMP

A science camp with something for everyone. The day could include creating optical illusions, flying solar wind bags, launching Alka-Seltzer rockets, or exploding Diet Coke. Your kids will be fascinated, engaged, and entertained as they learn about science principals.

Instructor: Edutainment Arts Staff
Fee: \$139
Length: 1 wk
Location: Fountain Valley Recreation Center
Min: 7 Max: 30
#0000.306
M-F
8/19-8/23
9:00 a.m.-12:00 p.m.

SCIENCE IN MOTION CAMP

Discover how things move with science. Take apart owl pellets to see what they

can digest. View the world through a camera obscura that you make yourself. Assemble and control pulleys, levers, catapults, and mega pinchers. Take a walk on the wild side to explore the beasts of the fields and the birds of the air. Build your own birdhouse; make your own sidewalk chalk; grow your own crystal garden; play with Magic Mud, and so much more. See you there! \$30 material fee due to the instructor on the first day of camp.

Instructor: Mad Science Staff Age: 5-12 yrs
Fee: \$135 (+material fee) Length: 1 wk
Location: Fountain Valley Recreation Center Min: 10 Max: 40
#0000.307 M-F 8/12-8/16 9:00 a.m.-12:00 p.m.

CRAZY CHEMWORKS CAMP



Come and discover what it's like to be a real scientist and work in a Mad Science Lab. Each day we will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! Students will explore acids and bases, reveal the secret recipe of slime, examine crystallization, and probe through shifting states of matter. By the end of the week the Jr. Mad Scientists will have their very own chemistry set so they can perform their own experiments at home! \$30 material fee due to instructor at first class.

Instructor: Mad Science Staff Age: 5-12 yrs
Fee: \$135 (+material fee) Length: 1 wk
Location: Fountain Valley Recreation Center Min: 10 Max: 40
#0000.308 M-F 7/29-8/2 9:00 a.m.-12:00 p.m.

NASA! JR. ASTRONAUTS CAMP



Join our Academy of Future Space Explorers as you prepare to explore the galaxy. Make and take home all sorts of fun spacy projects. This NASA mini camp is "Out of this World"! Material fee of \$20 is due to the instructor on the first day of camp.

Instructor: Mad Science Staff
Fee: \$80 (+material fee)
Location: WCSB Room 3/4
#0000.309
M-W 7/1-7/3

Age: 5-12 yrs
Length: 3 days
Min: 10 Max: 30

SCIENCE SLEUTHS CAMP

Explore the world of science! Discover space travel as you prepare your "egg-

stronaut" for flight and design a crash helmet to protect your "egg-celent" partner. Figure out the tricks of tight rope walkers with CG OWL. Send your friends secret messages using chemical reactions. Discover your scientific passions by exploring life, earth and physical science. \$30 material fee due to the instructor on the first day of camp.

Instructor: Mad Science Staff Age: 5-12 yrs
Fee: \$135 (+material fee) Length: 1 wk
Location: Fountain Valley Recreation Center Min: 10 Max: 40
#0000.310 M-F 8/5-8/9 9:00 a.m.-12:00 p.m.

Engineering & Building Camps

JEDI ENGINEERING WITH LEGOS CAMP



Build X-Wings, droids, and palaces inspired by designs made a long time ago in a galaxy far, far away. Create motorized sand crawlers, drone assembly lines, and Battlecruisers in this new offering of imaginative and original themed projects!

Instructor: Play-Well Staff Age: 5-6 yrs
Fee: \$162 Length: 1 wk
Location: WCSB Room 3/4 and Min: 11 Max: 24
Fountain Valley Recreation Center

#0000.311 M-F 7/15-7/19 9:00 a.m.-12:00 p.m. (WCSB Room 3/4) #0000.312 M-F 8/19-8/23 9:00 a.m.-12:00 p.m. (FV Rec Center)

JEDI MASTER ENGINEERING WITH LEGOS CAMP



The force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, settlements, and fortresses. Play-Well's Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the powerful forces of imagination and engineering.

Instructor: Play-Well Staff Age: 7-12 yrs
Fee: \$162 Length: 1 wk
Location: WCSB Room 3/4 and Min: 11 Max: 24
Fountain Valley Recreation Center

#0000.313 M-F 7/15-7/19 1:00-4:00 p.m. (WCSB Room 3/4) #0000.314 M-F 8/19-8/23 1:00-4:00 p.m. (FV Rec Center) 9

LEGO PRE-ENGINEERING CAMP

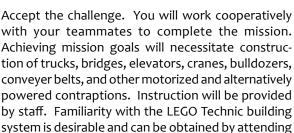
Have your child become a Play-Well Engineer this summer! Students will build cities, bridges, motorized cars and planes while exploring the many creative possibilities of engineering with the LEGO system. With access to over 100,000 pieces of LEGO, your child will have the opportunity to build what they have only dreamed of with the support of an experienced Play-Well Engineering instructor to guide them.

Instructor: Play-Well Staff Age: 5-6 yrs
Fee: \$162 Length: 1 wk
Location: Fountain Valley Recreation Center Min: 11 Max: 24

#0000.315 M-F 7/29-8/2 9:00 a.m.-12:00 p.m.

ENGINEERING CHALLENGE WITH LEGOS CAMP

Engineering FUNdamentals camp.



Instructor: Play-Well Staff
Fee: \$162
Length: 1 wk
Location: Fountain Valley Recreation Center
#0000.316
M-F
7/29-8/2
1:00-4:00 p.m.

ROBOTS 101 CAMP

I am a RO-BOT! Join us for a week of FUN with amazing robots! Learn about the uses of robots in our world and spend time experimenting with super cool robots that can sense sound, follow patters, even play soccer. Discover the science of circuitry and how robots use sensors to explore the things around them. Use your skills to build your very own working robot to take home with you. \$30 material fee due the first day of class.

Instructor: Mad Science Staff Age: 5-12 yrs
Fee: \$145 (+material fee) Length: 1 wk
Location: Fountain Valley Recreation Center Min: 10 Max: 40

#0000.317 M-F 7/8-7/12 9:00 a.m.-12:00 p.m. #0000.318 M-F 7/8-7/12 1:30-4:30 p.m.

FORT BUILDING CAMP

You've done it since you were two surrounding your-self with piles of stuffed animals and couch cushions. Now build your forts with tons of friends and have the fun of building, and competing. Each day new forts will be made out of different whacky materials: Some small forts, and some large. From card castles and bamboo huts. Teams will compete for the best design, best fortified, longest standing and more. Castle vs. castle, fort vs. fort, fun vs. more fun.

Instructor: Edutainment Arts Staff Age: 6-12 yrs
Fee: \$139 Length: 1 wk
Location: Fountain Valley Recreation Center Min: 7 Max: 30
#0000.319 M-F 8/12-8/16 9:00 a.m.-12:00 p.m.

More Camps

HUNGER GAMES CAMP

Inspired by the Hunger Games series, but without the violence! Send your tributes to compete and see who will survive as the victor of daily competitions. Learn survival skills and team work as you join in the fun of the annual Hunger Camps! May the odds be ever in your favor!

Instructor: Edutainment Arts Staff
Fee: \$139
Location: WCSB Room 3/4
#0000.320
M-F
7/22-7/26
Age: 8-13 yrs
Length: 1 wk
Min: 7 Max: 30
9:00 a.m.-12:00 p.m.

MUSICAL THEATRE CAMP

Audition, rehearse, and put up an entire show for an audience! We have a variety of music for kids to get inspired by and sing their way to stardom.

Instructor: Edutainment Arts Staff
Fee: \$139
Location: WCSB Room 3/4
#0000.321
M-F
8/19-8/23
Age: 6-12 yrs
Length: 1 wk
Min: 7 Max: 30
9:00 a.m.-12:00 p.m.

CSI-WHAT IT TAKES TO BE A DETECTIVE CAMP

Learn about the elements of crime solving, with hands on activities that require teamwork and deductive reasoning. Write in secret codes and decipher messages sent by others. All the skills you learn will be called upon to solve a crime at the end of the week.

Instructor: Edutainment Arts Staff
Fee: \$139
Location: Fountain Valley Recreation Center
#0000.322
M-F
8/5-8/9
9:00 a.m.-12:00 p.m.



ANIMATION MASTERS COMPUTER ANIMATION CAMP



Youth animators learn computer software techniques to create the world of their imaginations. Before they take their characters through fantastic adventures, students learn fundamental computer animation. In this class, participants will learn skills that help with computer drawing, character skeleton and movement, frame layering, and dialogue matching. In small groups of two or three, students will focus more on learning these techniques and finishing a complete short film.

Instructor: Freshi Media Staff Age: 7-12 yrs Length: 1 wk Fee: \$175 Location: WCSB Room 3/4 Min: 7 Max: 20 #0000.323 M-F 8/5-8/9 9:00 a.m.-12:00 p.m.

GAME DESIGN CAMP: BEGINNING TO ADVANCED



Improve your skills and impress family and friends with your own unique video game! Advanced gamers work on individual computers and are mentored through lessons such as character movement, multiple platforms and game formats. Beginners work in pairs and are introduced to the fundamentals of game design and computer programming. Bring a flash drive on the last day to take your game home and share!

Instructor: Freshi Media Staff Age: 7-12 yrs Length: 1 wk Fee: \$175 Location: WCSB Room 3/4 Min: 7 Max: 20 M-F 8/5-8/9 1:00-4:00 p.m. #0000.324

SUMMER OF ART CAMP

This ART Camp is filled with creative and fun projects. Explore a variety of media such as acrylics on canvas, watercolors, pastels, clay sculpture and more! We will enjoy Summer time through art as we draw and paint landscapes, still-life, animals and other themes. Clay projects will be glazed and fired. All art supplies and aprons will be provided. There will be a \$20 material fee due to the instructor.

Instructor: Lucia Y. Henry Age: 6-12 yrs Fee: \$89 (+material fee) Length: 5 days Location: WCSB Craft Room Min: 6 Max: 28 M-F #0000.325 8/5-8/9 1:00-2:30 p.m.

CERAMICS CREATIONS CAMP

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction and more. We will decorate the pieces with under glazes (special paint for wet clay) Different projects each day. All pieces will be glazed and fired. Aprons will be provided. There will be a \$20 material fee due to the instructor.

Instructor: Lucia Y. Henry Age: 6-12 yrs Fee: \$89 (+material fee) Length: 5 days Location: WCSB Craft Room Min: 6 Max: 28 #0000.326 M-F 8/26-8/30 1:00-2:30 p.m.

PRE-REGISTRATION FOR SUMMER **CAMPS REQUIRED**

Sign up online today at www.westminster-ca.gov or in person at the Westminster Community Services Building, 8200 Westminster Blvd.

Academics

SAT PREP COURSE



It is extremely important for every student heading towards the path of higher education to excel on the SAT. Following our SAT course, you will be remarkably prepared for all of the components of the SAT exam. There will be a material fee of \$21.99 due to the instructor for The Official SAT Book.

Instructor: Mamoun Learning Center Age: 14+ yrs Fee: \$150 (+material fee) Length: 6 wks Location: Mamoun Learning Center Min: 5 Max: 20 (Newport Beach)

#0000.201 Sa 4/20-5/25 10:00 a.m.-2:15 p.m.



ITALIAN SUPREME~ A TASTE OF ITALY

Join us for an 8 week adventure to learn some of the basics of the beautiful Italian language. You'll be able to use some everyday life vocabulary needed to communicate while traveling in Italy. It will help you to get by at a "survival level" of proficiency. Imagine the fun you will have learning Italian songs, exploring the culture, preparing a Cucina Italiana recipe. La Vita E Bella! \$5 material fee will be due to the instructor at the first class.

Instructor: CALINK Institute Staff
Fee: \$130 (+material fee)
Location: Fountain Valley Senior Center
Min: 5 Max: 15

#0000.203 Tu 4/16-6/4 6:00-7:00 p.m.

LEARN SPANISH LEVEL 1 & 2 TUTORING

Learn Spanish with this innovative course that emphasizes vocabulary method development. Gradually acquire basic communication skills through listening and speaking at a "survival level" of proficiency. This class will help non-native speakers increase their potential for long-term career success by learning oral and written communication skills in Spanish. For more information e-mail alimig@cox.net. \$5 material fee will be due to the instructor at the first class.

Instructor: CALINK Institute Staff
Fee: \$130 (+material fee)
Location: Fountain Valley Senior Center
#0000.206
Location: Tu
4/16-6/4

Age: 14+ yrs
Length: 8 wks
Fig. 15

4/16-6/4

7:00-8:00 p.m.

SPANISH FOR PRESCHOOLERS

This is a unique language learning experience designed for young children. This course combines TPR (Total Physical Response) activities, music, movement, and hands-on arts and crafts. This effective method introduces youngsters to a second language much in the same way as learning one's native language, by experiencing it. \$5 material fee will be due to the instructor at the first class.

Instructor: CALINK Institute Staff
Fee: \$130 (+material fee)
Location: Fountain Valley Senior Center
#0000.204
Tu
4/16-6/4
Age: 3-5 yrs
Length: 8 wks
Min: 5 Max: 15
4;45-5:25 p.m.

I SPEAK CHINESE (For Age 3-5)

Students develop understanding of Chinese language and culture with themes relevant to their daily lives. Class incorporates fun and culturally enriching songs, rhymes, games, and crafts. Students will learn simple writing and interesting tidbits about the origin and evolution of Chinese characters. Parent participation is welcomed. \$10 material fee due to the instructor on the first day of class.

Instructor: OC First Language Academy
Fee: \$89 (+ material fee)
Location: Fountain Valley Recreation Center

#0000.207
M
4/29-6/3*
3:30-4:15 p.m.

*No class on 5/27.

SPANISH FOR CHILDREN

Learning a foreign language opens a window of opportunity for your child especially when they can explore it at an early age, it puts them ahead of the rest! Children will be introduced to greetings, colors, numbers, shapes, and animals through vocabulary and bingo games in a fun and easy way. Explore the language learning path with hands on activities and projects. The course will focus on four areas of language acquisition: reading, writing, listening, and speaking. For more information, email alimig@cox.net. \$5 material fee will be due to the instructor at the first class.

Instructor: CALINK Institute Staff Age: 6-12 yrs Fee: \$130 (+material fee) Length: 8 wks Location: Fountain Valley Senior Center Min: 5 Max: 15

#0000.205 Tu 4/16-6/4 5:15-6:00 p.m.

I SPEAK CHINESE (For Age 6-12)

Students develop understanding of Chinese language and culture with themes relevant to their daily lives. Class incorporates fun and culturally enriching songs, rhymes, games, and crafts. Students learn simple writing and interesting tidbits about the origin and evolution of Chinese characters. \$5 material fee due to the instructor on the first day of class.

Instructor: OC First Language Academy
Fee: \$89 (+ material fee)
Location: Fountain Valley Recreation Center
#0000.208
F 4/26-5/31
Age: 6-12 yrs
Length: 6 wks
Min: 3 Max: 15
6:00-6:45 p.m.

OC FIRST CHINESE AND SPANISH AFTER SCHOOL PROGRAM



Children can't wait to come to our school. In this fun, loving, and educational environment, children interact with teachers in their target language through a variety of games, songs, dances, arts and crafts, and cultural activities. The Chinese Spanish dual immersion curriculum integrates language immersion and content learning which includes math, science, history, and social studies. For more information call 714-338-9270. Parent participation is optional. \$25 material fee is due to the instructor on the first day of class. Bring a healthy snack. Children need to enroll in 3 or more days for both languages. No class 3/29 - 4/12, and 5/27.

Instructor: OC First Language Academy Fee: \$569/M,W,F (+ material fee) \$389/Tu,Th or W,F (+ material fee)			Age: 6-15 yrs Length: 9 wks
Location: Fountain Valley Recreation Center			Min: 3 Max: 15
#0000 . 209 #0000 . 210	M,W,F Tu,Th	3/25-6/7* 3/26-6/6*	2:00-5:00 p.m.
#0000.210 Tu,111 3/20-0/0 #0000.211 W,F 3/27-6/7*			2:00-5:00 p.m. 2:00-5:00 p.m.
*No class 3/29 - 4/12, and 5/27.			

OC FIRST CHINESE AND SPANISH PRESCHOOL

*No class 3/29 - 4/12, and 5/27.



Children can't wait to come to our preschool. In this fun, loving, and educational environment, children interact with teachers in their target language through a variety of games, songs, dances, arts, crafts, and cultural activities. We offer Chinese Spanish dual immersion curriculum with the option of one or both languages. For more information please call 714-338-9270. Parent participation is optional. Children must be toilet trained. Material fee of \$25 is due to the instructor on the first day of class. Please bring a healthy snack. Children need to enroll in 3 or more days for both languages. No class 3/29-4/12, and 5/27.

Max: 15
ı: 9 wks
-5 yrs

Arts & Crafts

YOUNG REMBRANDTS PRESCHOOL DRAWING CLASS

This spring, Young Rembrandts introduces a variety of artistic lessons that will challenge and excite your child. A wonderfully illustrated flower pot will capture the spirit of the spring season. A cuddly teddy bear drawing will introduce our students to basic figure drawing. If your student has a curiosity for nature, he or she will love our detailed insect drawing. A delightful bird bath scene will help strengthen our students' compositional skills. There's no better time than NOW to enroll your child into a Young Rembrandts class. All this and more await your budding young artist.

Instructor	: Certified YF	R Teacher	Age: 3-5 yrs
Fee: \$64			Length: 5 wks
Location: WCSB A/B Room			Min: 6 Max: 25
#1000.201	Tu	4/9-5/7	2:00-2:45 p.m.
#1000.202	Tu	5/14-6/11	2:00-2:45 p.m.

YOUNG REMBRANDTS ELEMENTARY DRAWING CLASS

It's spring time and that can mean only one thing: SPRINGTIME FUN WITH YOUNG REMBRANDTS! If your student loves nature and insects, he or she will love our stylized bee graphic. But if it's the thrill of the speedway that excites your child, our race car illustration will leave all competition in its dust. Our students will also explore the Far East as they draw the Great Wall of China. And it's time to hit the waves as we illustrate a surfer. Along with creating such wonderful imagery, our artists will learn about the masters that came before them, such as Mexican painter Frida Kahlo. Sign up today!

Instructor: Certified YR Teacher Fee: \$64			Age: 6-13 yrs Length: 5 wks
Location: WCSB A/B Room			Min: 6 Max: 25
#1000.203	Tu	4/9-5/7	3:00-4:00 p.m
#1000.204	Tu	5/14-6/11	3:00-4:00 p.m



YOUNG REMBRANDTS CARTOONING CLASS

Does your child have a great sense of humor to compliment his or her artistic skills? If so, your child will LOVE a Young Rembrandts Cartoon class. Our students will learn how to personify inanimate objects, as they breathe life into the sun and moon, transforming them into fully realized cartoon characters. A humorous bird feeding sequence will teach your child visual and sequential story telling. We'll also create drawings that feature colorful and expressive forest animals. Give your child the gift of learning and artistry. Enroll your student today!

Instructor: Certified YR Teacher			Age: 6-13 yrs
Fee: \$64			Length: 5 wks
Location: WCSB A/B Room			Min: 6 Max: 25
#1000.205	Tu	4/9-5/7	4:00-5:00 p.m.
#1000.206	Tu	5/14-6/11	4:00-5:00 p.m.



ART: FUN DRAWING AND PAINTING for TEENS & ADULTS!

Maximize your time! This great class is designed for beginners and intermediate students who would like to learn how to improve their drawings and paintings. Color theory, drawing skills, and elements of art will be incorporated. Note: Please ask for the materials list when registering for this class in person, or download list if registering online, and bring all materials to the first class meeting. Try out a FREE demo class on March 29!

Instructor: Pati Kent Age: 12+ yrs
Fee: \$68/4 wks Length: 3 or 4 wks

\$51/3 wks

Location: WCSB Craft Room Min: 3 Max: 20

Free Demo #1000.209 F 3/29/13 2:00-2:45 p.m. (FREE) #1000.210 W 4/3-4/24 1:15-2:45 p.m. (\$68) #1000.211 W 5/1-5/22 1:15-2:45 p.m. (\$68) #1000.212 W 5/29-6/12 1:15-2:45 p.m. (\$51)

ART: PENCILS, PAINTS, PASTELS, AND MORE!

Join the fun as Pati Kent teaches children ways to improve their drawing and painting skills in a creative and supportive environment. Learn color theory, basic drawing skills, while incorporating art elements. Students will have the opportunity to include their work in an art show. Note: Please ask for the materials list when registering for this class in person, or download list if registering online, and bring all materials to the first class meeting. Try out a FREE demo class on March 30!

Instructor: Pati Kent Age: 7-12 yrs
Fee: \$48/4 wks Length: 3 or 4 wks
\$36/3 wks

Location: WCSB Craft Room Min: 3 Max: 20

Free Demo #1000.213 Sa 3/30/13 11:00-11:30 a.m. #1000.214 W 4/3-4/24 3:00-4:00 p.m. (\$48) #1000.215 W 5/1-5/22 3:00-4:00 p.m. (\$48) #1000.216 W 5/29-6/12 3:00-4:00 p.m. (\$36)

TRY BEFORE YOU BUY!

Free Trial Classes. If you like it, buy it!

Try selected classes for free and if you like it you can register for an entire session! Look for classes with "Free Demo" in the description.

Pre-Registration is encouraged, but not required. Participants must complete a waiver form prior to taking the class. Waiver forms can be filled out at the Community Services & Recreation Department at 8200 Westminster Blvd. and will also be provided to you by the instructors on the day of the free demo class. No online registration for Free Trial Classes. Class space may be limited and will be on a first come, first served basis.

ART: ESSENTIAL CARTOONING

Have a fun time learning how to draw characters including classic cartoons, caricatures and Japanese anime. There will be a \$25 material fee due to the instructor which covers all supplies. Try out a FREE demo class on March 30!

Instructor	: Pati Kent			Age: 7-12 yrs
Fee: \$30 (+	-material fe	e)		Length: 3 wks
Location: \	NCSB Craft	Room		Min: 3 Max: 20
Free Demo	#1000.217	Sa	3/30/13	11:00-11:30 a.m.
	#1000.218	W	4/3-4/17	4:15-5:15 p.m.
	#1000.219	W	4/24-5/8	4:15-5:15 p.m.
	#1000.220	W	5/15-5/29	4:15-5:15 p.m.

PRE-SCHOOL PLAY & PRACTICE

Imagine your child learning activities like awardwinning children's literature, arts and crafts, songs and many more fresh new ideas. Each class is based on a different theme and includes cutting, pasting, coloring and more importantly, interacting with other children. A \$5 material fee will be due to the instructor at the first class.

Instructor: Fee: \$45 (+ Location: 0	material		Age: 2-5 yrs Length: 5 wks Min: 10 Max: 20
	Rec. Ce	•	10
#1000.221 #1000.222	Sa Sa	3/9-4/6 4/13-5/11	9:20-10:00 a.m. 9:20-10:00 a.m.

Dance

ZUMBA GOLD

This format is designed for active seniors, but everyone is welcome! Join the party and improve balance, coordination, strength, and cardiovascular fitness. The fusion of Latin and International music will keep you moving to the beat for total mind and body conditioning! There will be no classes on 4/26 and 5/31.

Try out a FREE demo class on March 29!

	0 - 1
Fee: \$40/All 8 weeks	Length: 8 wks
\$24/Any 4 Classes*	
\$7/Any Single Class**	
Location: WCSB Room A/B	Min: 8 Max: 50

Instructor: Joanne Pridomirski-Alvo Age: 13+ vrs

Free Demo #2111.201 F 3/29/13 10:30-11:15 a.m. (FREE)

#2000.201	F	4/5-6/7	10:30-11:15 a.m. (all 8 wks)
#2000.202	F	4/5-6/7 *	10:30-11:15 a.m. (any 4 classes*)
#2000.203	F	4/5-6/7 **	10:30-11:15 a.m. (any single session**)
*Any 4 cla	sse	s or **an	y single session within the 4/5-
6/7 time fr	am	e only. T	here will be no classes on 4/26
and 5/31.			

ZUMBA

Join the party! You will have the time of your life dancing your way to fitness! Join us as we move to the music, learn new dance moves, burn calories, and tone our bodies. There will be no classes on 4/26 and 5/31. Try out a FREE demo class on March 29!

Instructor: Joanne Pridomirski-Alvo	Age: 13+ yrs
Fee: \$40/All 8 weeks	Length: 8 wks
\$24/Any 4 Classes*	
\$7/Any Single Class**	
Location: WCSB Room A/B	Min: 8 Max: 50

Free Demo #2111.204 F 3/29/13 11:30 a.m.-12:15 p.m. (FREE)

#2000.204	F	4/5-6/7	11:30-12:15 p.m. (all 8 wks)
#2000.205	F	4/5-6/7 *	11:30-12:15 p.m. (any 4 classes*)
#2000.206	F	4/5-6/7 **	11:30-12:15 p.m. (any single session**)
*Any 4 cla	isse:	s or **ar	y single session within the 4/5-
6/7 time f	ram	e only. 7	here will be no classes on 4/26
and 5/31.			

COUNTRY 2 STEP AND COWBOY CHA-CHA



Country two step plus cowboy cha-cha - both dances are coming back and both are popular in country nightclubs! You will learn both and have a good time socializing and meeting new people. No partner needed!

Instructor: E	Age: 14+ yrs		
Fee: \$45	Length: 4 wks		
Location: WCSB E/W Room			Min: 3 Max: 30
#2000.207	Tu	4/9-4/30	8:00-9:00 p.m.
#2000.208	Tu	5/7-5/28	8:00-9:00 p.m.
#2000.209	Tu	6/4-6/25	8:00-9:00 p.m.

BALLROOM AND SWING!

Learn fun, easy patterns in Swing and Waltz in session 1, Swing and Cha-Cha during session 2, and Swing and Merengue in session 3! Learn to dance to the music played at parties, night clubs, weddings, and cruises. No partner necessary.

#2000.211	Tu	5/7-5/28	6:00-7:00 p.	m. (Swing & Cha-Cha)
#2000.210	Tu	4/9-4/30	6:00-7:00 p.	m. (Swing & Waltz)
Location: WCSB E/W Room				Min: 4 Max: 30
Fee: \$45				Length: 4 wks
Instructor: Efren Barrera				Age: 14+ yrs

6/4-6/25 6:00-7:00 p.m. (Swing & Merengue)

SALSA1 for ADULTS!

Salsa, the hot and spicy dance, lets you move to the Latin rhythms in today's club and party scene. Learn hot, beginner and intermediate patterns! Meet people, socialize, and show off your moves! No partner needed. For more information, call Efren Barrera at 714-595-4766.

Instructor:	Age: 14+ yrs		
Fee: \$45	Length: 4 wks		
Location: W	Min: 4 Max: 30		
#2000.213	Tu	4/9-4/30	7:00-8:00 p.m.
#2000.214	Tu	5/7-5/28	7:00-8:00 p.m.
#2000.215	Tu	6/4-6/25	7:00-8:00 p.m.
	-	cla clas	

INTERMEDIATE LINE DANCING

Dancing is a great way to reduce stress and get fit while having fun. A study at the Albert Einstein Medical Center found dancing to be the only regular physical activity associated with a significant drop in the incidence of dementia, including Alzheimer's. Other studies have shown it to be helpful in the areas of memory, balance and cardiovascular fitness. It's done to all kinds of great music including top 40, waltzes, Latin, country, and disco. No partner needed. Intermediate (Level 3 and 4) dancers only.

Instructor: S	Age: 18+ yrs		
Fee: \$53	Length: 10 wks		
Location: WCSB E/W Room			Min: 20 Max: 60
#2000.216	M	3/25-6/3*	9:30-11:30 a.m.
*No class or	ı 5/27 .		

HIP HOP MOMS

Come get a great workout and have fun shaking your booty while learning how to dance! You'll sweat like crazy in this hip hop dance class done to popular music and geared towards busy moms of all dance levels. **Dance attire:** Wear all black pants, tank and clean sneakers with non - marking soles. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructo	r: Noel Nelsc	Age: Adult	
Fee: \$50			Length: 5 wks
Location:	Wespac Dar	nce Center	Min: 6 Max: 10
#2000.217	M	4/8-5/6	8:15-9:00 p.m.
#2000.218	M	5/13-6/17*	8:15-9:00 p.m.
*No class	on 5/27		

HOT SALSA!

You don't have to be a professional dancer to look like one! Come get a great workout! Burn as many calories as running a few miles in this high energy packed dance class geared towards the beginner, but with enough spice to entice the advanced dancer. Learn exciting Latin moves combined with belly exercises & funky hip hop style. Come shake it on the dance floor and...Let's dance! **Dance attire:** Wear all black pants, tank and clean sneakers with non-marking soles. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jaseida Mojica			Age: Teen/Adult	
Fee: \$50			Length: 5 wks	
Location:	Wespac Dar	nce Center	Min: 6 Max: 10	
#2000.219	Tu	4/9-5/7	8:00-8:45 p.m.	
#2000.220	Tu	5/14-6/11	8:00-8:45 p.m.	



PEE WEE (INTRO TO DANCE) LEVEL 1 & 2

Come learn the foundation for all dance styles in this combination of ballet & jazz. Have fun while listening to friendly children's music. Dance attire: Wear all ballet pink leotard, tights and ballet shoes. Student must be potty trained prior to taking class. This is not a parent & me class so parents are encouraged to watch from the lobby. Must be invited by the instructor prior to taking Level 2. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Valerie Bartosch	Age: 2-6 yrs
Fee: \$50	Length: 5 Wks
Location: Wespac Dance Center	Min: 6 Max: 10

#2000.221 Th 4/11-5/9 5:15-6:00 p.m. (Level 1)
#2000.222 Th 5/16-6/13 5:15-6:00 p.m. (Level 1)
#2000.223 Th 4/11-5/09 6:00-6:45 p.m. (Level 2) By Invitation only
#2000.224 Th 5/16-6/13 6:00-6:45 p.m. (Level 2) By Invitation only

BALLET Level 3

This class will utilize ballet barre, center floor work and across the floor. Learn ballet positions in 1st-5th, jumps, tendue's, plie's, chaine's, pique's, pirouettes and leaps. A routine will be taught at the end of class. **Dance attire**: Wear pastel colored leotard (i.e. light pink, yellow, baby blue or lilac), ballet pink tights and pink ballet shoes, ballet skirt is optional. Must be invited by the instructor prior to taking Level 3. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jaseida Mojica Age: 5-12 yrs
Fee: \$50 Length: 5 wks
Location: Wespac Dance Center Min.: 6 Max: 10
#2000.225 Tu 4/9-5/7 4:30-5:30 p.m. (Level 3)By Invitation only
#2000.226 Tu 5/14-6/11 4:30-5:30 p.m. (Level 3) By Invitation only

TUMBLING

Learn beginning tumbling technique including splits, somersaults, cartwheels, roundoffs, back handsprings and leaps. A must take course for anyone looking to try out for a competitive cheerleading or dance team at any junior high school, high school, university or professional level. Abs, chest and arms will be toned in the class! **Tumbling attire**: Wear any color leotard with black ballet/jazz shorts and no shoes. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: S	Age: 5-13 yrs			
Fee: \$50	Length	: 5 wks		
Location: Wespac Dance Center			Min: 6	Max: 10
#2000.227	F	4/12-5/10	4:45	-5:45 p.m.
#2000.228	F	5/17-6/14	4:45	-5:45 p.m.

HIP HOP

Come learn the latest LA style Hip Hop dance moves as seen on television, film and videos. Get a great workout while learning how to dance! **Dance attire**: Wear all black pants, tank and clean sneakers with non-marking soles. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jaseida Mojica				Age: 5	yrs-Adult
Fee: \$50				Length	: 5 wks
Location: W	espac/	Dance Cen	ter	Min: 6	Max: 10
#2000.229	M	4/8-5/6	6:45 - 7:	30 p.m. (5 - 12 yrs.)
#2000.230	M	5/13-6/17*	6:45 - 7:	30 p.m. (5 - 12 yrs.)
#2000.231	Th	4/11-5/9	6:45 - 7:	45 p.m. ([*]	Teen/Adult)
#2000.232	Th	5/16-6/13	6:45 - 7:	45p.m. ([*]	Teen/Adult)
*No class or	1 5/27.				

HULA

Learn the cultural dance of the Hawaiian and Tahitian Islands. This class is geared towards students who are looking to get a great workout while having fun. **Dance attire**: Wear black tank or leotard with black shorts or leggings and any color sarong is optional. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Valerie Bartosch				Age: 5 yrs-Adult
Fee: \$50				Length: 5 wks
Location: \	Vesp	ac Dance Ce	nter	Min: 6 Max: 10
#2000.233	М	4/8-5/6	6:00 -	6:45 p.m. (5 - 12 yrs.)
#2000.234	М	5/13-6/17*	6:00 -	6:45 p.m. (5 - 12 yrs.)
#2000.235	F	4/12-5/10	5:45 -	6:30 p.m. (Teen/Adult)
#2000.236	F	5/17-6/14	5:45 -	6:30 p.m. (Teen/Adult)
*No class o	n 5/2	7.		

BELLY DANCING

This class will focus on orientale/beledi technique, rhythms, finger cymbals, veil work and improvisations. Get a great low-impact, cardio workout while dancing to the beautiful middle-eastern beats. **Dance attire:**Wear black tank or leotard with black shorts or leggings and any color belly dancing hip scarf is optional, barefoot or ballet shoes are optional. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Rania Bossonis			
	Length: 5 wks		
Location: Wespac Dance Center			
4/10-5/8 5/15-6/12	6:30 - 7:30 p.m. 6:30 - 7:30 p.m.		
	nce Center		

OUR FIRST DANCE AS MR. & MRS.

Learn the basics of couples' dancing and look great on your wedding day. Your friends and family will be amazed! Even if you are not getting married and you are a guest or father of the bride, all couples are welcome to take this ballroom dance class which is a great way to prepare for any social event or special occasion. **Dance attire**: Ladies wear nice dress and heels and gentlemen wear collared shirt and nice slacks with dress shoes. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jaseida Mojica			Age: Adult
Fee: \$100 per couple			Length: 5 wks
Location: Wespac Dance Center			Min: 6 Max: 10
#2000.239	Tu	4/9-5/7	8:00-8:45 p.m.
#2000.240	Tu	8:00-8:45 p.m.	

BALLET, TAP, & JAZZ 1

An introduction to the basic steps of ballet, tap, and jazz. Students learn basic steps and develop these into a dance routine. There will be a recital on the last day of the 5 week session, after class. Dance attire: pastel ballet shoes, tights, and leotards; tap shoes optional.

Instructor: E	Ages: 3-5 years		
Fee: \$40			Length: 5 wks
Location: WCSB East/West Room			Min: 8 Max: 15
#2000.241	Sa	4/6-5/4	11:00-11:45 a.m.
#2000.242	Sa	5/18-6/15	11:00-11:45 a.m.

BALLET, TAP, & JAZZ INTERMEDIATE

This class may be taken after participating in 2 sessions of Mrs. Elizabeth's Ballet, Tap, & Jazz 1. Students will continue to learn steps in ballet, tap, and jazz. There will be a recital on the last day of the 5 week session, after class. Dance attire: pastel ballet shoes, tap shoes, black leotard and black tights. There will be a \$15 material fee due to the instructor at the first class.

Instructor: I	Ages: 5-8 years		
Fee: \$40	Length: 5 wks		
Location: WCSB East/West Room			Min: 8 Max: 15
#2000.243	Sa	4/6-5/4	9:00-9:45 a.m.
#2000.244	Sa	5/18-6/15	9:00-9:45 a.m.

BALLET, TAP, & JAZZ ADVANCED (Invite Only)

This class is an "invite only" class. Students must be invited to take this class by the instructor. Students will continue to learn steps in ballet, tap, and jazz. There will be a recital on the last day of the 5 week session, after class. Dance attire: pastel ballet shoes, tap shoes, black leotard and black tights. There will be a \$15 material fee due to the instructor at the first class.

Instructor: Elizabeth Gonzalez Fee: \$40			Ages: 5-8 years Length: 5 wks
Location: WCSB East/West Room			Min: 8 Max: 15
#2000.245	10:00-11:00 a.m.		
#2000.246	10:00-11:00 a.m.		

HIP HOP TIL YOU DROP!

Learn the hottest dance moves to the latest Hip Hop music! This class is an introduction to beginning Hip Hop. Students will learn Hip Hop combinations and a complete dance routine. There will be a recital on the last day of the 5 week session, after regular class.

Instructor: Elizabeth Gonzalez			Ages 6-10 years
Fee: \$40			Length: 5 wks
Location: WCSB East/West Room			Min: 8 Max: 15
#2000.247	Sa	4/6-5/4	12:00-12:45 p.m.
#2000.248	Sa	5/18-6/15	12;00-12:45 p.m.

TEENY TUMBLERS AND DANCERS

Enjoy concentrated time together in activities that are fun for both parents and little cruisers. Early walkers will build important motor skills, balance and coordination as they explore tunnels, slides and ramps. Adult participation is required.

Instructor: Miss Dawna	Age: 6 mnths2 yrs.
Fee: \$45	Length: 5 wks
Location: Garden Grove Sports	Min: 8 Max: 20

Sa #2000.249 3/9-4/6 10:40-11:15 a.m. #2000.250 Sa 4/13-5/11 10:40-11:15 a.m.

& Rec. Center



BALLET, TAP, and TUMBLING

Ballet develops physical control, strength, balance and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks and balance beams.

Instructor: Miss Dawna	Age: 2-5 and 6-12 yrs
Fee: \$45	Length: 5 wks
Location: Garden Grove Sports	Min: 10 Max: 20
& Rec Center	

#2000.251	Sa	3/9-4/6	10:00-10:40 a.m. (Age 2-5)
#2000.252	Sa	4/13-5/11	10:00-10:40 a.m. (Age 2-5)
#2000.253	Sa	3/9-4/6	8:40-9:20 a.m. (Age 6-12)
#2000.254	Sa	4/13-5/11	8:40-9:20 a.m. (Age 6-12)

Age: 6-Adult

Music

MUSIC IS FUN - FOR CHILDREN AND ADULTS OF ALLAGES!

FINALLY! Quality, Year-round, professional (yet easy and enjoyable) music training on the instrument of your choice, at AFFORDABLE prices! In this introduction to the language of music, utilizing our own unique "Dimensions" approach to musical growth, students learn how to play (or sing) some of the world's greatest pieces they recognize and love. Taught by active and successful performers in the field, students study and make music together as members of a small, exciting, and cohesive "Team", all the while having great FUN! Music exams, recitals, and festivals are offered to all qualified students. Except for pianists and drummers, students must bring their own instrument. Classes are for beginners only. There will be a \$10 material fee due to the instructor at the first class. \$20 material fee due for Voice.

Instructors: Piano Place Music and

Arts Center Staff	Age: 4-Adult
Fee: \$59 (+\$10 material fee; \$20 for Voice)	Length: 6 wks
Location: Piano Place Music and Arts Center	Min: 3 Max: 8

PIANO

FIMINU				
#3000.201 #2000.202	F Su	4/12-5/17	3:30-4:15 p.m.	(Age 4-7)
#3000.202	Su F	4/14-5/19	10:00-10:45 a.m.	(Age 7-10)
#3000.203		4/12-5/17	6:00-6:45 p.m.	(Age 10-17)
#3000.204	F	4/12-5/17	6:45-7:30 p.m.	(Age 17+)
VIOLIN				
#3000.205	Th	4/11-5/16	3:30-4:15 p.m.	(Age 6+)
				, ,
GUITAR	_	, ,		(a)
#3000.206	F	4/12-5/17	3:30-4:15 p.m.	(Age 6-12)
#3000.207	Sa	4/13-5/18	3:30-4:15 p.m.	(Age 13+)
VOICE				
#3000.208	М	4/15-5/20	6:00-6:45 p.m.	(Age 6+)
	•••	יין ליוד	0.00 0.47 p	(1.600)
DRUMS				
#3000.209	W	4/10-5/15	6:30-7:15 p.m.	(Age 6+)
TRUMPET				
#3000.210	Sa	4/13-5/18	10:30-11:15 a.m.	(Age 6+)
	Ja	טוול ליוד	101,50 11115 411111	(rige or)
UKULELE				
#3000.211	Sa	4/13-5/18	4:15-5:00 p.m.	(Age 6+)

KEYS TO MUSIC - Beginning Piano/ Keyboard

Piano is the perfect instrument to start your music career. In addition to playing piano/keyboard, you will play listening games, sing, do rhythm activities and more. You should have a piano/keyboard to play on at home. They are also available at Fountain Valley Music. These classes are fun! There will be a \$30 material fee due to the instructor which includes a lesson book, note finder, and bag.

Instructor: FVM Staff Fee: \$51 (+ material fee) Location: Fountain Valley Mus			•	-Adult n: 4 wks Max: 10
#3000.212	Su	4/7-4/28	11:00-11:45 a.m.	(Age 4-5)
#3000.213	Tu	4/2-4/23	9:00-9:45 a.m.	(Age 4-5)
#3000.214	W	4/3-4/24	1:30-2:15 p.m.	(Age 4-5)
#3000.215	Tu	4/2-4/23	5:00-5:45 p.m.	(Age 6-9)
#3000.216	Sa	4/6-4/27	12:00-12:45 p.m.	(Age 6-9)
#3000.217	Tu	4/2-4/23	3:00-3:45 p.m.	(Age 6-9)
#3000.218	M	4/1-4/22	8:00-8:45 p.m.	(Age 10-16)
#3000.219	Sa	4/6-4/27	5:15-6:00 p.m.	(Age 10-16)
#3000.220	Th	4/4-4/25	12:00-12:45 p.m.	(Age 16+)
#3000.221	Th	4/4-4/25	8:15-9:00 p.m.	(Age 16+)
#3000.222	M	4/1-4/22	10:00-10:45 a.m.	(Age 16+)
#3000.223	F	4/5-4/26	9:00-9:45 a.m.	(Age 16+)

GUITARLAND - Beginning Guitar

Instructor: FVM Staff

This course is a basic approach to playing the guitar, for beginners only. Students learn: Basics of reading music, learn rhythm and tempo, and how to tune your guitar. This is a very popular and fun class. Please bring your own guitar to practice or you may rent one for a nominal cost. There will be a \$20 material fee for book and CD.

Fee: \$51 (+ 1	Lengt	h: 4 wks		
Location: F	usic Min: 5	Max: 10		
#3000.224	Th	4/4-4/25	4:30-5:15 p.m.	(Age 6-9)
#3000.225	Su	4/7-4/28	2:00-2:45 p.m.	(Age 6-9)
#3000.226	Th	4/4-4/25	5:15-6:00 p.m.	(Age 10-15)
#3000.227	Su	4/7-4/28	2:45-3:30 p.m.	(Age 10-15)
#3000.228	Sa	4/6-4/27	12:00-12:45 p.m.	(Age 10-15)
#3000.229	Th	4/4-4/25	6:00-6:45 p.m.	(Age 16+)
#3000.230	Sa	4/6-4/27	12:45-1:30 p.m.	(Age 16+)

GOTTO SING!

This is a fun vocal techniques class. All ages are taught proper breathing, posture, and technique. You will learn how to train your voice while learning to sing in a group. There will be a \$20 material fee due to the instructor.

Instructor: FVM Staff	Age: 6-Adult
Fee: \$51 (+ material fee)	Length: 4 wks
Location: Fountain Valley Music	Min: 5 Max: 10

#3000.231	W	4/3-4/24	5:00-5:45 p.m.	(Age 6-9)
#3000.232	W	4/3-4/24	5:45-6:30 p.m.	(Age 10-15)
#3000.233	W	4/3-4/24	6:30-7:15 p.m.	(Age 16+)

BEGINNING UKULELE

Play Ukulele and have fun! You will work on chords, sing, and learn songs. Perfect for the whole family. You will need to bring your own ukulele. There will be a \$20 material fee due to the instructor which will include a music book and CD/DVD.

#3000.234	Su	4/7-4/28	12:30-1:15 p.m.
Location: Fountain Valley Music			Min: 5 Max: 10
Fee: \$51 (+ material fee)			Length: 4 wks
Instructor: FVM Staff			Age: 9-Adult



FVMC MUSIC FUN

Introduce your children to the world of musical instruments. During the lessons we sing, clap, and actually play piano, keyboards, drums, ukulele & get to hear and touch trumpet, trombone, french horn, clarinet, flute, violin, cello, and saxophones. Come have fun with your child in this fun introduction to musical instruments. There will be a \$20 material fee due to the instructor.

#3000.235	W	1/2-1/21	0.00-0.42 a m
Location: Fountain Valley Music			Min: 5 Max: 10
Fee: \$51 (+ r	naterial fee	?)	Length: 4 wks
Instructor: FVM Staff			Age: 2-5

Special Interest

YOUNG CREATORS VIDEO **GAME DESIGN**



Create interesting worlds, design an original and unique character, defeat opponents and set the high score in your own video game! Game Design is introduced and students learn how to create game characters and levels and learn the programming required to complete a unique objective based video game experience.

#4000.201	М	4/8-5/6	3:00-4:30 p.m.
Location: W	/CSB Roon	n A/B	Min: 7 Max: 20
Fee: \$89			Length: 5 wks
Instructor: F	reshi Med	lia Staff	Age: 7-12 yrs

CPR FOR ADULTS, INFANTS, AND CHILDREN

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children and infants, as well as, foreign object removal techniques for airways. You will receive your certification upon completion of the class. A \$20 material fee is payable to the instructor at class.

Instructor: Jack Griswold			Age: 12+ yrs
Fee: \$10 (+ material fee)			Length: 1 day
Location: WCSB Room A/B		Min: 8 Max: 20	
#4000.202	Sa	4/20/13	8:00 a.m12:00 p.m.
#4000.203	Sa	5/11/13	8:00 a.m12:00 p.m.
#4000.204	Th	5/16/13	6:00-10:00 p.m.
#4000.205	Sa	6/8/13	8:00 a.m12:00 p.m

FIRSTAID

Learn to respond to and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. A \$20 material fee is payable to the instructor at class.

Instructor: Jack Griswold			Age: 12+ yrs
Fee: \$10 (+ material fee)			Length: 1 day
Location: V	VCSB Roon	n A/B	Min: 8 Max: 20
#4000.206	Sa	4/20/13	12:00-2:00 p.m.
#4000.206 #4000.207	Sa Sa	4/20/13 5/11/13	12:00-2:00 p.m. 12:00-2:00 p.m.



This CPR training class is for the Vietnamese speaker and will teach you the basic ways to respond to an unconscious person in an emergency situation while waiting for the ambulance to arrive. By doing CPR, you will be helping to circulate the blood and oxygen of that unconscious person. You will also learn how to be calm and to be confident in what to do in the critical moment of saving a life. After completing the class, the participants will receive their American Red Cross (ARC) or American Heart Association (AHA) pocket certificate card which will be valid for 2 years. There will be a \$20 material fee due to the instructor at class.

Instructor: Steve Pham			Age: 18+ yrs
Fee: \$15 (+ material fee)			Length: 1 day
Location: WCSB Room A/B			Min: 6 Max: 33
#4000.209	Sa	4/13/13	10:00 a.m2:00 p.m.
#4000.210	Sa	5/18/13	10:00 a.m2:00 p.m.
#4000.211	Sa	6/15/13	10:00 a.m2:00 p.m

ONLINE DRIVER'S EDUCATION

Independence is just a click away. Complete your Driver's Education requirement from home, on your computer. This is an interactive online course with videos and animated driving scenarios. Learn the rules of the road, driver responsibility, DMV procedures and much more. Receive DMV-approved Certificate of Completion. A licensed instructor is available to answer any questions. Sign up any time - class is ongoing.

Instructor Fee: \$49 Location: (-	Age: 15+ yrs Length: 24/7 daily access
#4000.212	M	4/1/13	Arranged after registering
#4000.213	W	5/1/13	Arranged after registering
#4000.214	Sa	6/1/13	Arranged after registering

HORSE FUN FOR PRESCHOOLERS

Want to ride horses? Put on your boots! Learn how to halter, groom, lead and basic riding! No unregistered siblings! Parent participation required. There will be a \$20 material fee that includes stable fee, material handouts, carrots and arena time, due to the instructor.

#4000.216			
#4000.215	Sa	4/6-4/27	12:00-1:00 p.m.
Location: Rancho Del Rio Stables			Min: 5 Max: 15
Fee: \$65 (+ material fee)			Length: 4 wks
Instructor: Cheryl Skidmore & Staff			Age: 3-6 yrs

Let's ride horses! We will teach you horsemanship, safety, haltering, leading, grooming and basic riding skills! No unregistered siblings! Bring a bike helmet, wear closed toed shoes! There will be a \$20 material fee which includes stable fee, material handouts. carrots and arena time, will due to the instructor.

Instructor: Cheryl Skidmore & Staff Fee: \$65 (+ material fee) Location: Rancho Del Rio Stables			Length: 4 wks
Location: Ro	ancno De	el Rio Stables	Min: 5 Max: 15
#4000.217 #4000.218	Sa Sa	4/6-4/27 5/4-5/25	11:00 a.m12:00 p.m. 11:00 a.m12:00 p.m.

HORSE FUN FOR ADULTS

Pull on your boots! Buckle on your chaps! Let's ride horses! Basic horsemanship, haltering, leading, grooming and basic riding will be introduced! 225 lbs weight limit. There will be a \$20 material fee due to the instructor at the first class which includes stable payment, carrots, material handouts etc.

#4000.219	Sa	4/6-4/27	3:00-4:00 p.m.
#4000.220	Sa	5/4-5/25	3:00-4:00 p.m.
Instructor: Cheryl Skidmore & Staff			Age: 13+ yrs
Fee: \$65 (+ material fee)			Length: 4 wks
Location: Rancho Del Rio Stables			Min: 5 Max: 15



FUN ON THE FARM

Songs, puppets, real farm animals and pony ride each week to help educate your preschooler! Parent participation is required. No unregistered siblings. There will be a \$20 material fee due to the instructor at the first class which includes stable payment, carrots, material handouts etc.

Instructor: Cl	Age: 18 mths-6 yrs		
Fee: \$65 (+ n	naterial <u>j</u>	^f ee)	Length: 4 wks
Location: Ran	ncho Del	Rio Stables	Min: 5 Max: 15
#4000.221	F	4/5-4/26	11:00 a.m12:00 p.m.
#4000 222	E	E/2-E/24	11:00 a m -12:00 n m

VO

BECOME SLENDER WITH HYPNOSIS

Slimming down with hypnosis is easy, safe and comfortable. No diet or deprivation is involved. Instead, use the natural ABILITY of your own mind to change the habits and behaviors that have led to weight problems, and create the SUCCESS and SAT-ISFACTION that make you feel good about yourself and add quality to your life. An accompanying CD is recommended and available in class for \$13. Pillow/blanket/mat optional. For more information, visit www.hypnosishelptapes.com

Instructor: Pamela J. Schmidt, M.S., C.C.H. Age: Adult Fee: \$50 (+ material fee) Length: 4 wks Location: WCSB Room A/B Min: 8 Max: 20 #4000.223 M 4/8-4/29 7:30-9:00 p.m.

BECOME A NON-SMOKER WITH HYPNOSIS

For less than the cost of a carton of cigarettes, you can use the natural ABILITY of your own mind to claim your FREEDOM to be a nonsmoker. Save your breathand your money. Hypnosis is one of the easiest and most comfortable ways to accomplish this SUCCESS. For all of the important reasons, sign up now. An accompanying CD is recommended and available in class for \$13. Pillow/blanket/mat optional. For more information, visit www.hypnosishelptapes.com

Instructor: Pamela J. Schmidt, M.S., C.C.H. Age: Adult Fee: \$28 (+ material fee) Length: 2 wks Location: WCSB Room A/B Min: 8 Max: 20 #4000.224 M 5/13-5/20 7:30-9:00 p.m.

PUPPY KINDERGARTEN

Start Your Pup Out on the Right Paw! Establish good manners and valuable socialization skills at an early age for puppies 2-5 months. Class will address puppy care topics such as housebreaking, teething problems, health-care pointers, and will introduce basic obedience commands. Bring vaccination records and \$10 materials fee (includes training manual) to first meeting, to be held inside the building, WITHOUT PUPPIES.

Instructor: Khara Knight (HHDOC) Age: 10 yrs+ (Handlers)
Hacienda Hills Dog Obedience Club 2-5 months (Dogs)
Fee: \$76 (+material fee) Length: 6 wks
Location: H. Louis Lake Senior Center Min: 6 Max: 25
11300 Stanford (between 9th & Euclid) in Garden Grove

#4000.225 Sa 4/13-5/18 8:30-9:30 a.m

DOG OBEDIENCE TRAINING

Give your dog a new leash on life! This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months) Exercises will include the proper heel command, automatic sit, sitstay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. The first meeting will be an orientation, to be held inside the building, WITH-OUT DOGS. Please bring vaccination records and \$10 materials fee (includes training manual) to first meeting.

Instructor: Khara Knight Age: 10+ yrs (Handlers)
Hacienda Hills Dog Obedience Club 6 months+ (Dogs)
4 months+ (Large breeds)

Fee: \$86 (+material fee) Length: 8 wks Location: H. Louis Lake Senior Center Min: 8 Max: 25 11300 Stanford (between 9th & Euclid) in Garden Grove

#4000.226 Sa 4/13-6/1 9:30-10:30 a.m.

DOG MANNERS "CRASH COURSE"

How are you and your dog getting along? What about your dog and your neighbors? Accomplish your dog training goals and get behavior problems under control in just 4 weeks! Basic obedience commands and help with correcting various bad habits will be included. For dogs 4 months and older with current vaccinations. Dogs attend all meetings. Please preregister so we may brief you prior to first class. \$5 insurance fee payable to instructor at first lesson.

Instructor: Khara Knight Age: 10+ yrs (Handlers)
Hacienda Hills Dog Obedience Club 6 months+ (Dogs)
Fee: \$74 (+material fee) 4 months+ (Large breeds)
Location: Bolsa Chica Park Length: 4 wks
Min: 6 Max: 20

#4000.227 Tu 4/9-4/30 6:30-7:45 p.m.

MEMOIR WRITING - LEVEL 1 & 2

This class is designed to teach the memoir writing process. Students will learn techniques on how to write a memoir using time approach, location, or event. The instructor will guide students in creating an interesting story that includes a great beginning and a big finish! Pictures can be included (optional). A memoir is a wonderful gift idea for family and friendsa living treasure! Free Notary Service to students who sign up for the Memoir Writing class, until class ends.

Instructor: Brigitte Wolf Age: 18+ yrs
Fee: \$35 (+ material fee) Length: 4 wks
Location: WCSB Craft Room Min: 4 Max: 40

#4000.228 Sa 4/13-5/4 2:00-3:00 p.m. (Level 1) #4000.229 M 4/8-4/29 2:00-3:00 p.m. (Level 2)

Sports & Fitness

MOMMY/DADDY & ME SOCCER

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines!

Instructor: Kidz Love Soccer
Fee: \$77
Location: Fountain Valley
Recreation Center (Field)
#5000.201

M

Age: 2-3 ½ yrs
Length: 7 wks
Min: 2 Max: 10

5:30-6:00 p.m.

*No class on 5/27.

TOT SOCCER

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skills development through fun soccer games and introduces small children to the group setting. Shin guards are required after the first meeting. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Age: 3½-4 yrs Fee: \$77 Length: 7 wks Location: Fountain Valley Min: 2 Max: 12 Recreation Center (Field)

#5000.202 M 4/15-6/3* 6:10-6:40 p.m.

*No class on 5/27.

O.C. ELITE CHEER & TUMBLING FOR KIDS AND TEENS!

Join Orange County's National Award winning competitive cheer and tumbling organization! Beginning through advanced levels will learn the correct fundamentals of tumbling, cheerleading, dance, and stunting while increasing flexibility, strength, self-confidence, self-motivation, perseverance, and teamwork skills. Cheerleaders have the opportunity to perform in parades, community events, cheer at local football games, and compete at competitions through the year. If participants decide to join the competitive team, they will be required to purchase uniforms for competitions in October (approximately \$250); however, fundraising opportunities will be available to help defray the cost. Try out a FREE demo class on 5/13/13!

Instructor: Brooke McComb & Staff Fee: \$40/\$50/\$60 (+ uniform cost) Le Location: WCSB East/West Room and WCSB Craft Room

Age: 3-6 yrs and 7-15 yrs Length: 4+ wks Min/Max: See Below

Age 3-6: Min: 6 Max: 10 Classes held at WCSB Craft Room

#5000.204 M 4/1-5/3* 5:15-5:55 p.m. (\$50 - 6 classes)
Free Demo #5000.205 M 5/13/13 5:15-5:55 p.m. (FREE)

#5000.206 M 5/20-6/17** 5:15-5:55 p.m. (\$40 – 4 classes)

Age 7-15: Min: 6 Max: 25

Classes held at WCSB East/West Room

#5000.207 M 4/1-5/3* 6:00-7:30 p.m. (\$60 – 6 classes)

Free Demo #5000.208 M 5/13/13 6:00-7:30 p.m. (FREE)

#5000.209 M 5/20-6/17** 6:00-7:30 p.m. (\$50 - 4 classes)
*There will be an additional class on Thursday, 4/18 and
Friday, 5/3. No class on 4/22. **No class on 5/27.

PRE SOCCER

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Age: 4-5 yrs
Fee: \$77 Length: 7 wks
Location: Fountain Valley Min: 2 Max: 12
Recreation Center (Field)

#5000.203 M 4/15-6/3* 4:45-5:20 p.m.

*No class on 5/27.

TRY BEFORE YOU BUY!

Free Trial Classes. If you like it, buy it!

Try selected classes for free and if you like it you can register for an entire session! Look for classes with "Free Demo" in the description.

Pre-Registration is encouraged, but not required. Participants must complete a waiver form prior to taking the class. Waiver forms can be filled out at the Community Services & Recreation Department at 8200 Westminster Blvd. and will also be provided to you by the instructors on the day of the free demo class. No online registration for Free Trial Classes. Class space may be limited and will be on a first come, first served basis.

YOGA FOR HEALTH

Work out your stress, develop more balance, and find relief doing Yoga Vinyasa. Yoga is a great form of exercise in that it helps you relax, stretches your muscles, aids in gaining or maintaining balance, helps with flexibility, and is an overall strengthening and relaxing activity. See for yourself why yoga is so helpful for a life of well-being.

Instructor: Athina Rosario Fee: \$49/6 weeks \$42/5 weeks			Age: 13+ yrs Length: 6 or 5 wks
Location: WCSB Room A/B			Min: 5 Max: 30
#5000.210 #5000.211 #5000.212 #5000.213 *No class	Tu Th Tu Th on 4/4.	3/26-4/30 3/28-5/2* 5/7-6/11 5/9-6/13	8:15-9:30 a.m. (6 weeks) 8:15-9:30 a.m. (5 weeks) 8:15-9:30 a.m. (6 weeks) 8:15-9:30 a.m. (6 weeks)

YOGALATIES

Experience the benefits of both Yoga and Pilates! Lose belly fat and strengthen your core. Through Yoga you will stretch, work on strength, and gain flexibility. Through Pilates you will lose excess fat, especially around your stomach and strengthen your core.

Instructor: Athina Rosario			Age: 13+ yrs
Fee: \$49/6 weeks			Length: 6 or 5 wks
\$42/5 weeks			-
Location: W	/CSB R	oom A/B	Min: 5 Max: 30
#5000.214	Tu	3/26-4/30	9:35-10:35 a.m. (6 weeks)
#5000.215	Th	3/28-5/2*	9:35-10:35 a.m. (5 weeks)
#5000.216	Tu	5/7-6/11	9:35-10:35 a.m. (6 weeks)
#5000.217	Th	5/9-6/13	9:35-10:35 a.m. (6 weeks)
*No class or	1//		

TAI CHI CHUAN FOR HEALTH

There are great benefits in doing tai chi, including feeling more rested, having more energy, and gaining balance. Tai Chi Chuan is a therapeutic and easier form of 26 moves that can be done sitting or standing.

Instructor: Athina Rosario			Age: 13+ yrs		
Fee: \$49/6 weeks			Length: 6 or 5 wks		
\$42/5 weeks					
Location: WCSB Room A/B and Min: 5 Max: 30					
WCSB Roo	WCSB Room 3/4 on Wednesdays				
#5000.218	Tu	3/26-4/30	10:3	35-11:30 a.m. (6 weeks)	
#5000 . 219	Th	3/28-5/2*	-	35-11:30 a.m. (5 weeks)	

#5000 348	Tu	3/26-4/30	10:35-11:30 a.m. (6 weeks)
#5000.218	ıu	3/20-4/30	10.35-11.30 a.111. (0 WEEKS)
#5000.219	Th	3/28-5/2*	10:35-11:30 a.m. (5 weeks)
#5000.220	Tu	5/7-6/11	10:35-11:30 a.m. (6 weeks)
#5000.221	Th	5/9-6/13	10:35-11:30 a.m. (6 weeks)
#5000.222	W	3/27-5/1*	9:30-10:30 a.m. (5 weeks)
#4000.223	W	5/8-6/12	9:30-10:30 a.m. (6 weeks)
*No class o	nn 4/2	and 1/1	•

YOGA STRENGTH

Yoga combined with weights makes the perfect balance of a full body workout with stretching, resistance training, balance work, and exercises for relaxation. Students must bring their own hand weights to class.

U			
Instructor: Athina Rosario			Age: 13+ yrs
Fee: \$49/6 weeks			Length: 6 or 5 wks
\$42/5	weeks		
Location:	WCSB I	Room 3/4	Min: 5 Max: 30
#5000.224 #4000.235	W W	3/27-5/1*	8:15-9:30 a.m. (5 weeks)
#4000.225		5/8-6/12	8:15-9:30 a.m. (6 weeks)
*No class o	on 4/3.		

PARENT & ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30-minute lesson, free practice on the day of class (3:10-4:40 p.m. for Tuesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: Westminster Ice Arena Staff			Age: 3-5 yrs
Fee: \$37	Length: 4 wks		
Location: We	estminster	ICE	Min: 1 Max: 8
#5000.226	Tu	4/9-4/30	4:10-4:40 p.m.
#5000.227 Sa 4/13-5/4			11:15-11:45 a.m.
#5000.228	Tu	5/7-6/4*	4:10-4:40 p.m.
#5000.229 Sa 5/11-6/8*			11:15-11:45 a.m.
*No class on	5/21 and	5/25	

ICE SKATING FOR TOTS

Beginning ice skating made fun and easy. Your skater will have a smile on their face when he/she learns how to march, glide, hop and wiggle backwards on the ice. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: V Fee: \$37 Location: W	Age: 3-5 yrs Length: 4 wks Min: 1 Max: 8		
#5000 . 230	W	4/10-5/1	5:10-5:40 p.m.
#5000.231	Sa	4/13-5/4	10:45-11:15 a.m.
#5000.232	W	5/8-6/5*	5:10-5:40 p.m.
#5000.233	Sa	5/11-6/8*	10:45-11:15 a.m.

*No class on 5/22 and 5/25.

BEGINNING ICE SKATING

Enjoy the Winter Olympics' most beautiful sport-Figure Skating. Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:00-4:30 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: V	Vestminster .	Ice Arena Staj	f Age: 6-16 yrs
Fee: \$37			Length: 4 wks
Location: W	estminster IC	Œ	Min: 1 Max: 12
#5000.234	W	4/10-5/1	4:30-5:00 p.m.
#5000.235	Sa	4/13-5/4	11:15-11:45 a.m.
#5000.236	W	5/8-6/5*	4:30-5:00 p.m.
#5000.237	Sa	5/11-6/8*	11:15-11:45 a.m.
*No class or	n 5/22 and 5/	25.	

BEGINNING ICE SKATING FOR ADULTS

Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (6:40-7:10 p.m.) and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: W	estminste/	er Ice Arena Staff	Age: 17	+ yrs
Fee: \$37			Length	: 4 wks
Location: We	stminster	·ICE	Min: 1	Max: 12
#5000.238	W	4/10-5/1	6:10-6	6:40 p.m.
#5000.239	W	5/8-6/5*	6:10-6	6:40 p.m.
*No class or	ı 5/22.			•

ICE HOCKEY SKATING SKILLS

Want to play hockey but don't know where to start? Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: \	Westminster Ice	e Arena Staff	Age: 6-16 yrs
Fee: \$37	Length: 4 wks		
Location: W	Min: 1 Max: 12		
#5000.240	W	4/10-5/1	6:10-6:40 p.m.
#5000.241	Sa	4/13-5/4	10:45-11:15 a.m.
#5000.242	W	5/8-6/5*	6:10-6:40 p.m.
#5000.243	Sa	5/11-6/8*	10:45-11:15 a.m.

^{*}No class on 5/22 and 5/25.

LITTLE STARS TAEKWONDO

Taekwondo will teach the kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training. There will be a \$20 material fee due to the instructor for uniform.

Instructor: S Fee: \$99 (+r Location: Fi	naterial fee)	Age: 4-6 yrs Length: 9 wks ol Min: 1 Max: 10
#5000.244 #5000.245 #5000.246 *No class on	M,W Tu,Th Tu,Th 5/27.	4/8-6/10* 4/9-6/6 4/9-6/6	6:00-6:40 p.m. 5:20-6:00 p.m. 6:40-7:20 p.m.

TAEKWONDO FOR KIDS

Instructor: Sungho Park

Taekwondo will teach the kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training. There will be a \$20 material fee due to the instructor for uniform.

Fee: \$99 (+r)	Length: 9 wks			
Location: Fivestar Taekwondo School Min: 1 Max: 10					
#5000.247	M,W	4/8-6/10*	6:40-7:30 p.m.		
#5000.248	M,W	4/8-6/10*	4:40-5:30 p.m.		
#5000.249	Tu,Th	4/9-6/6	6:00-6:40 p.m.		
*No class on 5/27.					

Age: 7-12 yrs

TAEKWONDO FOR TEENS AND ADULTS

The goal of Taekwondo training is not about how to fight, but learning a way of living through building self-defense. Taekwondo's foundation is to improve the inner self through physical, mental and spiritual discipline to achieve the highest form of character. Learn to defend and develop self-confidence right now. There will be a \$20 material fee due to the instructor for uniform.

#5000.250	Tu.Th	4/9-6/6	7:30-8:20 p.m.	
Location:	Fivestar Taekv	vondo School	Min: 1 Max: 20	
Fee: \$99 ((+material fee)		Length: 9 wks	
Instructor: Sungho Park			Age: 13+ yrs	

SHORINJI KEMPO MARTIAL ARTS for Adults

Shorinji Kempo is a martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to e-mail the instructor at yukiko. rastogi2@verizon.net or call 714-585-2162 or 949-510-1569. We are an official Non-Profit Organization (27-3455471) for the betterment of our community.

#5000 . 252	M.Th	7:30-9:00 p.m.	
#5000.251	M,Th	7:30-9:00 p.m.	
Location: Ca	ırden Conse	Min: 1 Max: 35	
Fee: \$30		Length: 4 wks	
Instructor: I	Pankaj Rasto	Age: 13+ yrs	

SHORINJI KEMPO MARTIAL ARTS for Kids and Teens

Shorinji Kempo is a martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to e-mail the instructor at yukiko. rastogi2@verizon.net or call 714-585-2162 or 949-510-1569. We are an official Non-Profit Organization (27-3455471) for the betterment of our community.

Fee: \$30	Length: 4 wks		
Location: Ca	Min: 1 Max: 35		
#5000.253	M,Th	4/8-5/2	6:30-7:30 p.m.
#5000.254	M,Th	5/6-5/30	6:30-7:30 p.m.

Age: 5-13 vrs

KIDDIE KARATE

Instructor: Pankai Rastogi

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence, and concentration. Wear loose clothing. Parents should remain outside classroom.

Instructor: Gary Pitts			Age: 3-6 yrs
Fee: \$32	Length: 4 wks		
Location: WCSB East/West Room			Min: 6 Max: 28
#5000.255	Th	5/9-5/30	5:00-5:30 p.m.

BEGINNING/ADVANCED KARATE

Continue to learn the art of self-defense. Improve coordination, confidence, respect, discipline, and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu". Parents should remain outside classroom.

Instructor: Gary Pitts			Age: 7+ yrs
Fee: \$35	Length: 4 wks		
Location: Wo	Min: 4 Max: 28		
#5000.256	Th	5/9-5/30	5:30-6:00 p.m.

JUDO~JUST FOR KIDS

An introductory class that focuses on the way of Judo by building the child's skills physically, mentally, and spiritually. This pertains to tumbling and falling drills, basic judo techniques and terminology, and learning self discipline. Included in the techniques are Judo throwing and controlling techniques.

Instructor: 7 Fee: \$85	Age: 5-12 yrs Length: 4 wks		
Location: W	Min: 3 Max: 15		
#5000.257	Tu,W,F	4/2-4/26	6:00-7:30 p.m.
#5000.258	6:00-7:30 p.m.		
#5000.259	6:00-7:30 p.m.		

COMPETITIVE JUDO~ BIG KIDS & ADULTS

This class is designed for all levels to learn the competitive aspects of Judo. This class focuses on training for a competition and the self defense aspects of Judo. Learn how to lose weight, increase your strength, quickness, coordination and flexibility while learning one of Japan's most prominent martial art! This class includes Judo throwing (tachi waza), choking (shime waza), and joint manipulation (kansetsu waza) techniques.

Instructor: T	Age: 13+ yrs		
Fee: \$85	Length: 4 wks		
Location: W	Min: 3 Max: 15		
#5000.260	Tu,W,F	4/2-4/26	7:30-9:00 p.m.
	, ,		127
#5000.261	Tu,W,F	4/30-5/24	7:30-9:00 p.m.



Tennis

TINY TOT TENNIS

Introduce your little one to a great sport taught by Becky Recavarren, a member of the United States Professional Tennis Association. Her half hour class focuses on general motor skills development. A racquet and one unopened can of tennis balls are required.

Instructor: E Fee: \$35 Location: Pa	Age: 4-6 yrs Length: 5 wks Min: 6 Max: 15		
#6000.201	Tu	4/2-4/30	4:00-4:30 p.m.
#6000.202	W	4/3-5/1	4:00-4:30 p.m.
#6000.203	3:30-4:00 p.m.		
#6000.204	4:00-4:30 p.m.		
#6000.205	W	5/15-6/12	4:00-4:30 p.m.
#6000.206	Th	5/16-6/13	3:30-4:00 p.m.

BEGINNING JUNIORS

Taught by Becky Recavarren, a member of the United States Professional Tennis Association, your junior tennis star will learn the basics while at the same time develop a lifetime enjoyment for the sport. A racquet and one unopened can of tennis balls are required.

Instructor:	Age: 7-15 yrs		
Fee: \$55	Length: 5 wks		
Location: P	Min: 6 Max: 15		
#6000.207	Tu	4/2-4/30	4:30-5:30 p.m.
#6000.208	W 4/3-5/1		4:30-5:30 p.m.
#6000.209	Sa	8:00-9:00 a.m.	
#6000.210	Tu	5/14-6/11	4:30-5:30 p.m.
#6000.211	4:30-5:30 p.m.		
#6000.212	8:00-9:00 a.m.		
	Fee: \$55 Location: P #6000.207 #6000.208 #6000.210 #6000.211	Fee: \$55 Location: Park West P #6000.207 Tu #6000.208 W #6000.209 Sa #6000.210 Tu #6000.211 W	#6000.207 Tu 4/2-4/30 #6000.208 W 4/3-5/1 #6000.209 Sa 4/13-5/11 #6000.210 Tu 5/14-6/11 #6000.211 W 5/15-6/12

INTERMEDIATE/ADVANCED JUNIORS

Becky Recavarren, a member of the United States Professional Tennis Association, will guide your developing junior tennis player through this course which covers more advanced strokes and scoring, including drills and actual playing. A racquet and one unopened can of tennis balls are required.

Instructor: I	Age: 7-	15 yrs		
Fee: \$55	Length	: 5 wks		
Location: Po	Min: 6	Max: 15		
#6000.213 Tu 4/2-4/30			5:30-	6:30 p.m.
#6000.214 W 4/3-5/1			5:30-	6:30 p.m.
#6000.215 Tu 5/14-6/11			5:30-	6:30 p.m.
#6000.216	5:30-	6:30 p.m.		

BEGINNING/INTERMEDIATE ADULTS

Becky Recavarren has the skills needed to help you begin or resume your adult tennis interest. This course covers strokes and scoring, including drills, serving, forehand, backhand, and volleys. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA				Age: 16 yrs to Adult	
Fee: \$55				Length: 5 wks	
Location: Park West Park				Min: 6 Max: 15	
	#6000.217	Tu	4/2-4/30	6:30-7:30 p.m.	
#6000.218 Sa 4/13-5/11			9:00-10:00 a.m.		
#6000.219 Tu 5/14-6/11 #6000.220 Sa 5/18-6/15				6:30-7:30 p.m.	
				9:00-10:00 a.m.	

INTERMEDIATE/ADVANCED JR. TOURNAMENT PLAY

Instructor permission required for this class. Juniors will play match-play specific games, along with playing matches.

Instructor: Becky Recavarren, USPTA Age: 10-16 yrs Fee: \$55 Length: 5 wks Location: Park West Park Min: 6 Max: 15

#6000.221*	Th	4/4-5/2	4:00-5:15 p.m.		
#6000.222*	Th	5/16-6/13	4:00-5:15 p.m.		
*Instructor Permission Only					



VISUAL, PERFORMING, & CULTURAL ARTS

BLAKEY HISTORICAL PARK & MUSEUM - Call Joy L. Neugebauer at (714) 891-2597. Blakey Park is located at 8612 Westminster Blvd., just east of Newland Street. The museum and park feature a variety of displays depicting the everyday life of persons living here during the late 19th and early 20th centuries. The Westminster Historical Society operates the park, with museum hours on the first Sunday afternoon of the month from 1:00 to 4:00 p.m. For guided tours, special arrangements can be made to accommodate your group. Students of all ages are welcome to do research at the Museum. If you would like to become a member and help preserve our common heritage for future generations, drop by the Museum or call the number listed above.

LAS TAPATIAS FOLKLORIC DANCERS - Call Julia Martinez at (714) 893-2784. Audiences enjoy Las Tapatias' colorful costumes and spirited Mexican dances. All ages participate. Children begin dancing at an early age, but adult performers are also welcome. Las Tapatias rehearses at the Westminster Community Services & Recreation Building, Craft Room on Wednesdays at 7:00 p.m. Call to join the group, attend a performance, or to schedule them to entertain for your event.

VIETNAMESE CULTURAL PROGRAMS - Call Professor Chau Van Nguyen, Program Director, at (714) 531-4907, or (714) 240-0475 (cell). Traditional Vietnamese music, song and dance are performed by multi-talented Vietnamese artists. Musicians who perform on traditional instruments, such as the monostring, two-string fiddle, bamboo flute, and other instruments, are available to entertain along with the colorful drum dancers, dragon dancers, youth, and adult choirs.

WESTMINSTER CHORALE – Call Rainy Smyth at (818) 720-4686. The Chorale performs a variety of music that includes patriotic, show tunes, religious, country western, jazz, and operettas. Rehearsals are held weekly on Mondays at 7:00 p.m. in the Senior Center dining room, Civic Center, 8200 Westminster Blvd. Call to find out how you can book this dynamic chorale for your event or ask about performance dates.

WESTMINSTER COMMUNITY THEATER - Call (714) 893-8626. The theater is located at 7272 Maple Street. WCT has been entertaining local audiences with live theater for over 30 years. Productions feature fine family entertainment with comedies, musicals, and plays each season. Phone Rhonda for tickets or current show information.

NICHOLSON PIPES & DRUMS - Call Malcolm Willis at (714) 891-9445. This award-winning Scottish bagpipe band marches in parades, plays at a variety of special events, holds annual concerts, takes part in regional and national competitions, and is available for bookings at any private party or public event. New musicians are welcomed into the group and quickly become part of this fantastic band. Just call Malcolm for current information on bookings, rehearsals, lessons, and performances.

ORANGE COUNTY CHILDREN'S THEATER - Call (714) 502-2244. This group of talented young actors, singers, dancers, and their parents has been active in the Southland area for more than 20 years. This theater organization is for children, by children, and is open to all young people ages 5 through 18. Parent involvement is required. Call now to get on their mailing list so you will not miss productions or auditions.

ORANGE COUNTY ROSE SOCIETY – Call Tom Cooney at (949) 362-2710 or visit our website at www.orange-countyrs.org Join this group of rose lovers and increase your knowledge of growing roses in your garden. The Orange County Rose Society (OCRS) is a group of people who grow and enjoy roses and is dedicated to fostering the enjoyment, enhancement, and education of the rose. OCRS is affiliated with the American Rose Society. OCRS holds monthly meetings on the first Thursday of each month, except for July and August. Monthly meetings include educational presentations on the care of roses. You'll also have access to have your questions answered by American Rose Society certified Consulting Rosarians.

FRIENDS OF THE ROSE CENTER THEATER –The Friends of the Rose Center Theater is a non-profit organization that administratively operates the beautiful, new, 419 seat Rose Center Theater located within the Westminster Rose Center at 14140 All American Way. State-of-the-art performances are held in the theater throughout the year. To contact the Rose Center for information please call Council Member Margie L. Rice at: 714-548-3183 or 714-893-1732. For event and ticket information, please call the theater Box Office at 714-793-1150. Visit www.rosecentertheater.com

Westminster Senior Center

The Westminster Senior Center is a focal point for seniors, offering an array of services and activities. Listed below are the types of services offered. If you desire additional information, please call the Senior Center at (714) 895-2878, Monday – Thursday, 7:30 a.m. – 5:30 p.m., and Fridays 7:30 a.m. – 4:30 p.m., and alternate Fridays 8:00 a.m. – 1:00 p.m.



The Westminster Senior Center offers a variety of services such as:

- Blood Pressure Testing
- Commodities Distribution
- Home Meals
- Information and Referrals
- Free Legal Services
- Westminster on Wheels (WOW) Nutrition & Shuttle Transportaion
- Health Screening
- H.I.C.A.P (Health Insurance Counseling and Advocacy Program)

For more information on any of these services, please visit our website at <u>www.westminsterca.gov</u>, go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at **714-895-2878**.

SENIOR FITNESS

Join one of the following FREE weekly exercise classes, designed specifically for older adults.

Adapted Fitness	Monday	10:00 a.m.
Adapted Fitness	Wednesday	10:00 a.m.
Adapted Fitness	Monday & Wednesday	12:30 p.m.
Balance & Mobility	Monday & Wednesday	9:00 a.m.
Longevity Stick	Monday & Thursday	9:00 a.m.
Tai Chi*	Friday	8:30 a.m.

*This Tai Chi class has a small registration fee. Please call 714-895-2878 for more information.

Huntington Beach Adult School Classes

The Following classes are fee-based and require advanced registration through Huntington Beach Adult School. Please call 714-901-8106 ext. 4405 for registration information.

Intro to Dance Aerobics	Monday	1:30 p.m.	
Dance Aerobics 2	Thursday	9:00 a.m.	
Dance Aerobics 2/3	Thursday	3:00 p.m.	
Dance Aerobics 3	Thursday	10:30 a.m.	
Dance Aerobics 4	Tuesday & Thursday	12:45 p.m.	
Stretch & Flex	Tuesday	9:30 a.m.	
Low Impact Aerobics	Tuesday	10:45 a.m.	

Adult Public Health Nursing Services (APHNS)

These short seminars are held on Wednesdays at 11:00 a.m. They are free & informative.

April 3	Arthritis
May 1	Food Safety
June 5	Summer Heat
July 3	Foot Care

Diabetes Education and Support Group (APHNS)

Facilitated by Jane Herin, R.N., certified diabetes educator. The group meets the 3rd Wednesday of each month from 10:00 a.m. to 11:30 a.m. Everyone is welcome to attend. Current topics to be discussed are:

April 17 Cholesterol and Connection with Diabetes
May 15 Foot Care
June 12 What is Diabetes?
July 17 Carbohydrate Counseling and Reading Labels

Life Story Writing

Join this Life Story Writing group to get ideas, stimulation and inspiration from each other as we share our stories. Using cartoons, articles, proverbs, poems and historic news events will help us remember own life experiences in discussion and writing. ALL NEW TOPICS. Old and new members are welcome. Classes being offered: Life Story I and Life Story II. NO CHARGE. Call Nancy at 714-832-2888 for more information. Facilitator: Nancy Sink, MSG

Programs and Classes

DAILY DINING

Try our hot meals offered Monday through Friday in our Senior Center Dining Room. If you are 60 years or older (or married to someone who is), the suggested donation is only \$3.00 for the hot lunch. No reservation is necessary, but come early to assure a place! Serving time is 11:45 a.m. Monday-Thursday, and 11:30 a.m. on Fridays. Pick up a "Senior Spotlight" for only 50 cents at the Senior Center for the month's menu, which is also on the city's website.

SAFETY DRIVING PROGRAM

This AARP sponsored refresher course for drivers is taught by a trained instructor. Class meets for 8 hours over a 2-day period, from 8:30 a.m. to 12:30 p.m.. The fee is \$12 per person if you are a member of AARP and \$14 per person if you are not a member. Registration is required. Please make checks payable to AARP. Classes will be held on the following dates:

April 25 and 26 June 13 and 14 August 8 an 9

We Offer Many More Senior Programs & Classes Such As:

- Crocheting and Knitting
- Balance & Mobility
- Bridge Club
- Mah Jongg

- Longevity Stick
- Dinner Group
- Chess Club
- Sudoku

For more information on any of these programs, please visit our website at www.westminsterca.gov, go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

FREE MOVIE FRIDAYS!

Every Friday at 9:15 a.m. a movie is shown. There is no charge for the screening. The "Senior Spotlight" lists the movies monthly.

WESTMINSTER SENIOR CENTER FOUNDATION

The Westminster Senior Center Foundation (WSCF) was incorporated in December 2002. The Foundation's mission is "To engage in charitable activities and to assist (both financially and otherwise) the Westminster Senior Center and its programs."



TRIPS AND EXCURSIONS

Call the Senior Center or stop by for specific trip details. Day trips and overnight trips are offered. Note: Prices on all excursions are approximate and may vary. Trips fill quickly. Sign up early at the Reception Desk to reserve your spot.

The following excursions are being planned for your enjoyment:

Pechanga Indian Casino	April 9	\$33 p/p
USS Midway	April 24	\$65 p/p (includes lunch)
Harrah's Indian Casino	May 8	\$15 p/p (\$10 in slot play)
Barona Indian Casino	May 28	\$15 p/p
Laughlin-Riverside	June 4-6	\$102 double
		\$122 single
Pala Indian Casino	June 25	\$19 p/p (\$5 in slot play)
Valley View Indian Casino	oJuly 9	\$33 p/p (\$15 in slot play)
Pechanga Indian Casino	July 24	\$33 p/p (\$20 in slot play)

VOLUNTEERS ARE NEEDED!

If you are interested in volunteering, please call Claire Hutchinson at (714)-895-2878.



What Causes Dryer Fires?



Clothes dryers must vent hot air from the dryer to the outside of the house. Lint becomes detached from the clothes and is carried out through the exhaust. If lint builds up in the exhaust pipe or inside the dryer, it slows the air movement through the dryer and out the exhaust. The slower air movement causes more lint to collect on the backside of the dryer drum, on the dryer motor, or on the electrical connections inside the dryer, placing the highly combustible lint on top of and adjacent to heat sources inside the dryer.

To Help Prevent Fires:

- Clean the lint screen/filter before or after drying each load of clothes.
- If clothing is still damp at the end of a typical drying cycle or drying requires longer times than normal, this may be a sign that the lint screen or the exhaust duct is blocked.
- Clean the dryer vent and exhaust duct periodically. Check the outside dryer vent while the dryer is operating to make sure exhaust air is escaping. To remove a blockage in the exhaust path, it may be necessary to disconnect the exhaust duct from the dryer. Remember to reconnect the ducting to the dryer and outside vent before using the dryer again.
- Clean behind the dryer, where lint can build up. Have a qualified service person clean the interior of the dryer chassis periodically to minimize the amount of lint accumulation. Keep the area around the dryer clean and free of clutter.
- Replace plastic or foil, accordion-type ducting material with rigid or corrugated semi-rigid metal duct. Most manufacturers specify the use of a rigid or corrugated semi-rigid metal duct, which provides maximum airflow.
- Take special care when drying clothes that have been soiled with volatile chemicals such as gasoline, cooking oils, cleaning agents, or finishing oils and stains. If possible, wash the clothing more than once to minimize the amount of volatile chemicals on the clothes and, preferably, hang the clothes to dry. If using a dryer, use the lowest heat setting and a drying cycle that has a cool-down period.

Below is a picture of a product residents can use to clean the dryer exhaust duct. The picture on top shows why regular cleaning is so important.



For More Information

www.ocfa.org
www.nfpa.org
www.cpsc.gov
www.consumeraffairs.com
www.consumerreports.org

Carbon Monoxide Alarms AND Smoke Alarms



Per California Senate Bill 183, beginning July 1, 2011, all existing single family homes must have carbon monoxide (CO) alarms. All other types of residences (apartments, condominiums, etc.) will need carbon monoxide alarms beginning January 1, 2013. The law aims to prevent poisoning from the incomplete burning of any flame-fueled (not electric) devices including gas furnaces, ranges, flame ovens, clothes dryers, fireplaces, grills, space heaters, vehicles, and water heaters.

Carbon monoxide can be dangerous – when inhaled, it passes from the lungs into the red blood cells. The result is that the body becomes oxygen-starved, which can lead to tissue damage and death. Many reported cases of carbon monoxide poisoning say that while victims are aware they are not well, they become so disoriented that they are not able to save themselves by leaving the building or calling for assistance. Carbon monoxide alarms are designed to alert residents before exposure to CO causes a health hazard.

In addition to carbon monoxide alarms, every existing home is required to have smoke alarms protection. **Install** smoke alarms on every level of your home, in every sleeping area, and in the hallway leading to a sleeping area. **Inspect** smoke alarms by testing them and replacing the batteries every six months. **Protect** your family by developing a home escape plan. Practice your plan by having home fire drills.

For questions regarding an existing home or homes undergoing remodel, contact City of Westminster building division at (714) 548-3254.

For mobile/manufactured home, contact the State of California Housing and Community Development Department at (916) 327-2816.

Did You Know

- Carbon monoxide is a tasteless, ordorless, and invisible gas.
- Low levels of CO poisoning can cause shortness of breath, mild headaches, nausea, and fainting.
- Carbon monoxide poisoning is the leading cause of accidental poisoning deaths in the United States according to the American Medical Association

Water Conservation Ordinance

Water Conservation Ordinance No. 2449 adopted in May 2009 outlines the permanent water restrictions below.

- No outdoor watering between the hours:
 - 9 a.m. 5 p.m. October May
 - 8 a.m. 6 p.m. June September
- Water no longer than 15 minutes per irrigation station per day
- No excessive water run-off
- No washing down hard or paved surfaces
- Fix water leaks within 7 days
- Decorative water features must use re-circulating water
- When washing vehicles must use self-closing positive shut-off nozzle on garden hose
- Restaurants are required to serve water upon request only
- Hotels and motels are required to provide guests option to decline daily linen service
- Commercial car washes and laundries are required to use re-circulating water systems
- Restaurants are required to use water conserving pre-rinse spray valves

The Water Division is available to help you save water at home and at work. Call 714 548-3690 to schedule a water audit. Check out http://www.mwdoc.com/services/conservation-resources to get information about resources and the current rebates being offered.

WATER CUSTOMER SERVICE

For water billing, charges, turn-on or turn-off services call (714) 894-3796.

For water main breaks, leaks, quality, or pressure problems call (714) 895-2876, 6:30 a.m. to 5 p.m.

After business hours water emergencies call the Westminster Police Department (714) 898-3315.



Flower of the Season

Armeria maritima

Common Name(s):

Common Thrift, Sea Pink



Description: This clumping, grass-like perennial is native to many areas, including coastal California. Its flowers range from deep rose pink through white. Information by Native Sons

Notes: hardy to 0 degrees F

Culture:

Sun: Half Design Styles: English Cottage Water: Low Accenting Features: Showy Flower

Growth Rate: Fast Location Uses: Bank Special Uses: Full

Hydrozones: #1 Soil Type: Sandy

Anatomy:



WESTMINSTER NURSERY SCHOOL

CLASS PROGRAMS

2 Day Preschool - Child must be 3 yrs. by November 1 Tues/Thurs, 9am to noon

3 Day Preschool – Child must be 4 yrs. by November 1 Mon/Wed/Fri, 9am to noon

Parent and Me - Child must be 2 yrs. Thurs, 12:30 to 1:30pm

Open House: March 10 @ 10.a.m.

Bolsa Chica Park (Next to the playground) 13660 University Street Westminster, CA 92683 (714) 893-7979 www.westminsternurseryschool.com

This co-op preschool, which relies on parents to participate in the operations and classroom, offers age appropriate development an excellent adult to child ratio of 1 to 5, and is based on monthly themes and concepts, such as the seasons, holidays, colors, shapes, family and friends, science, and the senses. Focus is on interactive learning through play with a variety of hands-on multi-sensory activities that encourage self-expression, friendship, respectfulness and self-confidence.

Water Conservation Garden

Visit Westminster's Water Conservation Garden at 6312 California Ave. Over 20 species of drought tolerant plants, trees, and turf are on display. Local nurseries were used to provide plants and signs are posted



to identify species and costs. Hardscape materials were donated by local vendors and offer a beautiful alternative to turf. It's easy and inexpensive to create a beautiful lowwater garden of your own!

It's easy and inexpensive to create a beautiful low-water use garden of your own!

Scan here for more information.



Spring

RADIO AMATEUR CIVIL EMERGENCY SERVICE



RACES are Public-safety volunteers which are licensed Amateur Radio Operators that are trained to assist local government during time of emergency and disaster or for routine events and activities. They are trained and certified to provide public-safety communications support. Westminster RACES are looking for licensed Ham Radio Operators to perform vital volunteer communications during Westminster Community Events and Disaster or Emergency Incidents.

If you are interested in becoming a member of the City of Westminster RACES, please contact RACES Radio Officer Chi Nguyen, KE6MVS (714) 869-1441, chinguyen@yahoo.com, or RACES Assistant Radio Officer Adam Valek, N6HVC (714) 892-5961, ancvalek@aol.com, for further information.





Introducing New On-Line (Web) Payment Option

Pay your Water Bill Online! You can now use your credit card to make a payment towards your Water account.

The payment option that many customers have been asking for is now available with the City of Westminster Water Department. We are excited to announce that the on-line payment option is ready and available through our website at www.westminster-ca.gov. Customers now have the option of paying either on-line or by automated phone.

The online payment system powered by Paymentus will accept Credit Cards (Master Card, VISA & Discover), Debit Cards and Electronic Checks (E-Checks- you will need your bank routing number and account number from either your checking or savings account).

All customers are invited to use the new payment option by logging onto the City website www.westminster-ca.gov and clicking the "Pay your Water Bill Online" link. You will be asked to enroll in the on-line payment system prior to logging in by clicking on the "Sign up

Now" link in the Customer Dashboard. Click on "Add an Account" and add your utility account number.

You will need to have your utility account number and customer number to access the account information and make your payment. Next, click on the "Make a Payment" tab to make your payment.

If you have any questions or need assistance contact the Water Department at 714-898-3311 extension 4800.

There is also an automated telephone payment service at 1-855-288-5234, which will guide you through the payment process.

We are pleased to bring this new and exciting feature to our valued customers. No more standing in line to make your payment. We hope you will take advantage of this quick and easy payment option.

WESTMINSTER BRANCH LIBRARY

8180 13th Street, Westminster, CA 92683 (714) 893-5057

HOURS:

Monday through Thursday 10:00 a.m. to 9:00 p.m. Friday and Saturday 10:00 a.m. to 5:00 p.m. SUNDAY 12:00 noon to 5:00 p.m.

The Westminster Branch Library offers many activities for Children, Teens, and Adults! Please see schedule below for more information:

Children's Programs:

Every Wednesday - Preschool Storytime - 10:30 a.m. Every Wednesday - Toddler Storytime - 11:00 a.m. Every Saturday - Family Storytime - 10:30 a.m. 3rd Wednesday of every month - Kids Book Club - 3:30 p.m.

3rd Thursday of every month - Craft Afternoon - 3:30 p.m.



Teen Programs:

Teen Volunteer Orientation Tuesday, March 19th 3:30 p.m. Community Room Wednesday, April 17th 3:30 p.m. Community Room Tuesday, May 21st 3:30 p.m. Community Room Wednesday, June 19th 3:30 p.m. Community Room

Adult Programs:

Adult Book Club - meets third Tuesday of each month at 10:30 a.m. in Community Room

Computer Classes:

Appointments for free individualized computer instruction can be made at the Westminster Library Monday and Friday mornings from 9-10 a.m. Patrons can learn how to access and navigate the World Wide Web, register for and use a free email account, and more. Patrons can make an appointment in person at the Info Desk or by calling (714) 893-5057. For ages 18 and over. Please see schedule below:

April

Computer Class Friday April 5, 2013 9:00-10:00 a.m. 9:00-10:00 a.m.

May

 Computer Class Friday May 3, 2013
 9:00-10:00 a.m.

 Computer Class Monday May 6, 2013
 9:00-10:00 a.m.

 Computer Class Friday May 10, 2013
 9:00-10:00 a.m.

 Computer Class Friday May 17, 2013
 9:00-10:00 a.m.

 Computer Class Monday May 20, 2013
 9:00-10:00 a.m.

 Computer Class Friday May 31, 2013
 9:00-10:00 a.m.

June

 Computer Class Monday June 3, 2013
 9:00-10:00 a.m.

 Computer class Friday June 7, 2013
 9:00-10:00 a.m.

 Computer Class Friday June 14, 2013
 9:00-10:00 a.m.

 Computer Class Monday June 17, 2013
 9:00-10:00 a.m.

 Computer Class Friday June 21, 2013
 9:00-10:00 a.m.

 Computer Class Friday June 28, 2013
 9:00-10:00 a.m.

Westminster Friends of the Library Used Book Store

The Westminster Friends of the Library Bookstore is open Monday, Wednesday, Friday & Saturday from 10-4 (or 5 pm) and Tuesday and Thursday from 12 to 5 pm. The Friends accept any and all donations, including books, magazines, DVDs, CDs, and videos or anything else which may sell to benefit the Library—just as us! Our phone number is (714) 898-4245. We are always looking for volunteers, so stop by and visit with us—you might like what you see! All our proceeds go towards benefiting the Library—purchasing new books, children's, teen and adult educational programming and many other items.



Registration begins March 4

There are 3 easy ways to register for classes . . .



On-line registration is just a click awav...

Please visit www.activenet.active.com/westminster

You will need to pay by credit card to register on-line.

Mail completed form & payment

Westminster Community Services & Recreation Department 8200 Westminster Blud. Westminster, CA 92683

Make checks payable to: City of Westminster

Visit us...

Westminster Community Services & Recreation Department at 8200 Westminster Blvd.

7:30 a.m. - 5:30 p.m. Monday - Thursday 7:30 a.m. - 4:30 p.m. Alternate Fridays

General Information & Refund Policy

- No registration taken at classes.
- Refunds will be issued approximately 4 weeks following the request.
- Refunds must be requested before the end of the 2nd class meeting.
- Activities canceled by the department will be given automatic refunds.
- Please note: Due to the nature of the activities, there are no refunds on excursions, youth sports and aquatics.

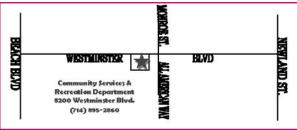
SATISFACTION GUARANTEED

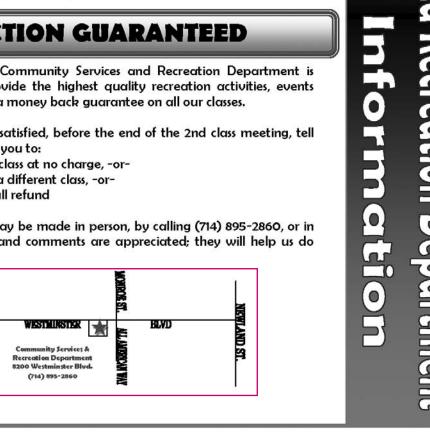
The City of Westminster Community Services and Recreation Department is continually striving to provide the highest quality recreation activities, events and programs, and offers a money back guarantee on all our classes.

If you are not completely satisfied, before the end of the 2nd class meeting, tell us and we will arrange for you to:

- * Repeat the class at no charge, -or-
- Transfer to a different class, -or-
- Receive a full refund

Applications for refunds may be made in person, by calling (714) 895-2860, or in writing. Your suggestions and comments are appreciated; they will help us do the best job possible.







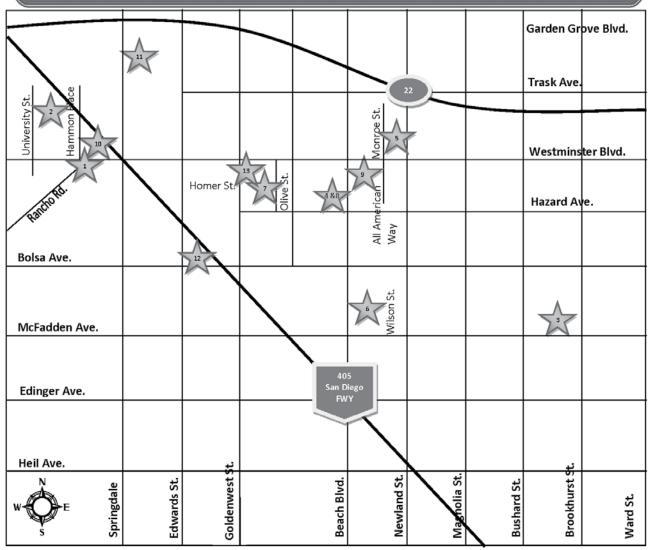
Registration Form

City of Westminster Community Services & Recreation Department

All information is required. Please Print. Parent/Adult Name: First Last Birth						
Address				147 OR 151 OR		
City/State/ZipPhone () Cell Email addressPhone ()				()		
Name of P	articipant;	Birth		Activity		
First	Last	Date	Sex	Number	Name of Activity	Fee
					1	
					TOTAL FEES	
					and/or allergies? Yes	No [
Liability and Publicity Release For and in consideration of permitting						



Parks & Recreation Facilities Legend



- 1. American Tiger Martial Arts & Fitness
- Bolsa Chica Park
- Elden F. Gillespie Park
- Intensity Services (Same as #8)
- 5. Liberty Park
- Park West Park
- Sigler Park
- 8. The Piano Place Music and Arts Center
- 9. WCSB (Westminster Services & Rec. Building)
- Wespac Dance Center
- 11. Westminster ICE
- 12. Westminster Mall
- World Class MMA Boxing
 Carden Conservatory Multipurpose Room
- Climbx Rock Gym
- Five Star Taekwondo School
 Fountain Valley Music
- Fountain Valley Recreation Center
- Fountain Valley Senior Center
- Garden Grove Community Meeting Center
- Garden Grove Community Meeting Center
 Garden Grove Sports/Recreation Center
- H. Louis Lake Sr. Center
- Mamoun Learning Center
- New Hope Gymnastics Academy
- Rancho Del Rio Stables

5849 Westminster Blvd. *MAP IS NOT TO SCALE

13660 University St. 9801 McFadden Ave.

14441 Beach Blvd. #200 (877)769-6369

13900 Monroe St.

8301 McFadden Ave.

7200 Plaza St.

14441 Beach Blvd. #100 (714)899-4823 8200 Westminster Blvd. (714)895-2860

5915 Westminster Blvd. (714)893-2623 13071 Springdale (714)518-3212

1025 Westminster Mall

14042 Locust St. (714)892-3355

5702 Clark Drive, Huntington Beach (949) 510-1569

18411 Gothard St. Unit 1, Huntington Beach

8 322 Garden Grove Blvd., Garden Grove 8740 Warner Ave., Fountain Valley (714)963-2010

16400 Brookhurst St., Fountain Valley

17967 Bushard St., Fountain Valley (714) 839-8611

11300 Stanford Ave., Garden Grove 13641 Deodara, Garden Grove (714)741-5200

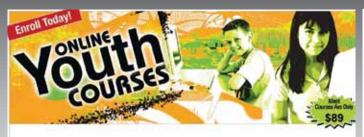
13641 Deodara, Garden Grove (714)741-5200 11300 Stanford, Garden Grove (714)897-7099

1601 Dove St. Suite 183, Newport Beach (949) 679-6066 17270 New Hope St., Fountain Valley (714)556-8050

1370 So. Sanderson, Anaheim







Westminster Community Services & Recreation Department

EVERY COURSE INCLUDES:

- ·Caring instructor
- Monitored dicussion area
- Conversational, easy to understand lessons
- •6 weeks of instruction
- Certificate of completion with a passing score
- Complete online access take your course anytime, anywhere

Creating Web Pages

Learn the basics of HTML so you can design create & cost your very site on the Web

Introduction to Microsoft Word

Secrets of Better Photography

Ducover strategies & tocks for taking excelled pictures not matter what or where you're

SAT/ACT Prepartation

Details on any of these & other courses can be found at:

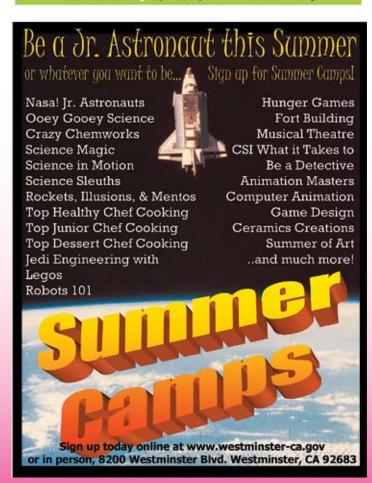
www.ed2go.com/westminstr

You can also reach us by calling

714.895.2860

Online Learning Anytime, Anywhere... Just a click away!







The Westminster Family Resource Center offers the following Services for FREE!

- ♦ Family Advocacy
- ♦ Personal Empowerment Program
- ◆ Domestic Violence Counseling
- Information & Referral
- Parent Education Workshops
- ◆ Adoption Promotion & Support
- ♦ Family Reunification Services
- Dental Services*
- ◆ Emergency Food Program*
- ◆ Emergency Assistance Program* (Hygiene Kit, Diapers, Food) ♦ After School Enrichment Programs
- Case Management Services
- ♦ Individual and Family Counseling

Services are offered in English, Spanish, and Vietnamese!







The Westminster Family Resource Center is a community collaborative:







Trung Tâm Trợ Giúp Gia Đình Westminster phục vụ MIÊN PHÍ những dịch vụ sau đây:

- Bênh Vực Gia Đình
- Chương Trình Đào Tạo Khả Năng Cá Nhân
- Cố vấn về bao hành trong gia đình
- Thông tin và giới thiệu
- Hội thảo dành cho phụ huynh
- Khuyến khích & hỗ trợ dịch vụ nhận con nuôi
- Dịch vụ đoàn tụ gia đình
- Dich vu nha khoa
- Chương trình trợ cấp thực phẩm khẩn cấp*
- Chương trình trợ giúp khẩn cấp *
- · Chương trình sau giờ học
- Dịch vụ phụ trách các vấn đề
- Dịch vụ cô vận cá nhân và gia đình



Office Hours: Monday-Friday, 8:00 am-5:00 pm *Closed for Lunch: 12:00 -1:00pm

Location: Sigler Park, 7200 Plaza St. Westminster, CA 92683

Phone: (714) 903-1331

El Centro de Recursos Familiares de Westminster ofrece los siguientes servicios GRATIS

- Representación Familiar
- Programa de Superación Personal
- ◆ Consejería en Violencia Doméstca
- Información y Referencias
- Talleres de Educación para Padres de Familia
- Promoción y Apoyo para Adopciones
- Servicios para Reunificación de Famlias
- Servicios Dentales *
- Programa para recibir Alimentos*
- Programa de Asistencia de Emergencias* (pañales, comida, higiene)
- Programas para Después de Escuela
- Servicios de Administración de Casos
- Consejería Individual y para Familias
- * While funding is available. Please call for more information.
- * Mientras fondos están disponibles. Llame para más información.
- * khi còn ngân quỹ Để biết thêm chi tiết xin vui lòng lien lac trung tâm.

Programs and services at the Westminster Family Resource Center are funded in part through Families and Communities Together (FaCT). FaCT receives funding from federal, state, and county agencies including U.S. Department of Health and Human Services -Promoting Safe and Stable Families, Office of Child Abuse Prevention, California Emergency Management Agency, County of Orange and the Children and Families Commission of Orange County, as well as volunteer, in-kind support and private donations. FaCT is administered by the County of Orange Social Services Agency and Orangewood Children's Foundation.